2019 Taste of Greece Food Festival September 20, 21 & 22

The spirit of volunteerism bodes well for another successful Food Festival, which will take place on the Cathedral’s grounds at 245 Valencia Street, San Francisco, September 20, 21 & 22. We have four hard-working co-chairs: Mike Spachis, Deno Konstantinidis Grace Koutoulas and Chris Kyriacou. Then, we have our tireless cooks and bakers, all under the aegis of our Ladies Philoptochos. A cooking schedule is available on line, as well as in the Herald calendar. To view the calendar on line, go to www.annunciation.org and scroll down to the bottom right, to the calendar on the Cathedral’s web site. And let’s not forget the Ad Book, which annually brings in the largest portion of the festival proceeds. Thanks, as well, to our sponsors, whose support underwrites the food ingredients. The festival is all about community building. Not just our own faith community, but the neighborhood, the City, and beyond. We get to meet and greet our neighbors, welcome newcomers, and partner with area agencies, non-profits, and with one another. In the spirit of philoxenia. 3 days of celebration, of food, wine, song, faith, and culture. All this is made possible because of your faith, your dedication, and your time. Which means we simply cannot pull this off without your input and participation. Energetic, friendly volunteers are needed for a variety of jobs. Opportunities abound: there’s plenty for you to do. Won’t you join us? We are even open to welcoming and/or training a new Chairperson and Co-Chairperson. For more information about how you can get involved, please contact Deno Konstantinidis, denocom@hotmail.com or Grace Koutoulas, gmkoutoulas@yahoo.com.
Meet Christo Pappademos

The Cathedral is pleased to have engaged Christo Pappademos as its Pastoral Assistant, effective September 1. A 2018 graduate of Holy Cross Greek Orthodox School of Theology, Christo will help us continue to grow our youth programs, as our GOYA, JOY, Young Adults, Sunday School, Acolytes. He will also help to develop our Stewardship, Adult religious education and other programs. Christo is known to be a dynamic young man, a person of deep faith. Those who were in church on Sunday, June 9 (see above photo), had an opportunity to meet him. In the coming days and months, he will become better known to all, as he relocates to the area and begins his service to the Annunciation community. Christo is the son of Father Dino and Presbytera Chrisoula Pappademos of St. Katherine's Greek Orthodox Church in Elk Grove. His sister, Katy, and her husband, Andrew, live in the City and are members of the Cathedral. (Incidentally, they met at a Young Adult gathering!) Christo also has a younger brother, Dimitri, who is in medical school. Welcome, Christo, and may God bless your ministry among us. For additional information about Christo, please visit this Hellenic Journal article: https://www.hellenicjournal.org/christo-pappademos-on-social-media-and-spirituality/

Cathedral Launches Adopt a Paver Program

It began as an idea. Nothing unique. Other organizations, as Oracle Park, have done it. Inscribing people’s names on walkways, be they bricks or pavers. As a fund-raising tool. As a way of connecting and memorializing. As a show of support. The idea caught on, and was enthusiastically adopted by the Cathedral’s Capital Campaign Committee and its Parish Council. Even before the launching of the program, 13 pavers were “adopted.” That’s because the cause is a noble one. And the idea is simple. One makes a donation to the Building Fund. The donation is $2,000. In return, your name(s) and, if you wish, a greeting, are laser inscribed on one of 750 2’ x 2’ pavers on the Cathedral’s courtyard. All the details are listed in the above. Formatted in brochure form, the above graphics have been sent out to all 800 plus names and addresses on the Cathedral’s mailing list. Soon, they will also be mailed out to others in the Bay Area, and beyond, and will be available throughout our Food Festival. The income derived from the Adopt a Paver program will complete phase one of the construction of our new Cathedral and enable us to begin work on the interior, or phase 2.

His Eminence Metropolitan Gerasimos urged parishioners and friends of the Cathedral to support the Adopt a Paver program, to enable the community to move ahead and complete its new church. Some 750 pavers are available, initially, for “adoption.” Donors have the opportunity to inscribe up to 3 lines in each paver, thus memorializing their connection and support for the rebuilding. (For details, see the flyer on page 3.)
The Annunciation Cathedral is excited to announce the “Adopt a Paver” program. Show your support and love for the Annunciation Cathedral Building Program by having your name and message permanently inscribed onto the paver and become a unique and historical presence on the Cathedral grounds.

Inscribed pavers will be permanently placed throughout the main courtyard of the Cathedral for all to see from generation to generation. This wonderful once-in-a-lifetime treasure will celebrate your family’s legacy, remember loved ones, or simply show your support for the new Cathedral when you reserve your custom engraved paver today.

A one-time tax-deductible donation of $2,000 per paver.

PAVERS WILL NOT BE INSCRIBED UNTIL FULL DONATION IS RECEIVED.

The location of your paver will be randomly assigned. The initial 750 pavers will be placed in the Cathedral courtyard and will be inscribed from the west facing east.

Logos may be added to your paver for an additional cost. Ask for details.

All paver messages are subject to approval by the Cathedral.

Join our community’s collective voice.

I want to support our Annunciation Cathedral Building Program by "Adopting an Annunciation Paver." Contributions will be added to my Annunciation Cathedral Building Program Pledge Contributions, for tax purposes.

☐ By check for $2,000 ☐ By 2 checks for $1,000 each
Payable to "Annunciation Cathedral Building Program"

☐ By $2,000 credit card charge
Name on credit card
Card: ☐ Amex ☐ Visa ☐ Mastercard
Acct #
Valid thru Date ______/_______ Security Code ________

Write your message below. PRINT each letter separately and legibly. Spaces are counted as one (1) character. There are up to 25 characters per line totaling 75 total characters. Please refer to the sample below for additional direction. The print will be in capital letters.

SAMPLE

[Blank lines for message]

I confirm that the above PRINTED letters and spaces are correct.

Signature _____________________________________________

Date ________________________________________________

Please complete the above form and make your checks payable to:

Annunciation Cathedral
245 Valencia St. • San Francisco, CA 94103

Or make your payment online at "Adopt a Paver"
www.annunciation.org/the-new-cathedral/donations
30 Years since Loma Prieta:
30 Years of Building

October 17, 1989 changed everything for our Annunciation Cathedral family. Within 15 seconds (which is how long the earthquake lasted), we lost our church. We lost everything. The old Cathedral housed our church and our church hall, our offices, our kitchen, our library, our classrooms. We relocated to the Bausch & Lomb building next door. It had been acquired 7 years earlier, for the purpose of building a gym and new parish offices. The earthquake took care of that. After determining that it was not feasible for us to relocate the Cathedral to another part of San Francisco, or even outside of San Francisco, we began construction in 1992. We built our gym, a kitchen, classrooms, offices, and a library. We even built a temporary chapel, to be used as a reception and hall once the Cathedral was built. Finally, after we determined that it was still not feasible for us to relocate (we actually bid on two other sites, one in San Francisco, the other in South San Francisco), and despite demographic changes, we decided to build our church, on Valencia Street. Construction began in 2013. The contract was actually signed on October 17, the anniversary of Loma Prieta. Construction costs, meanwhile, had skyrocketed since the 1990s. Yet, the parishioners persevered. They contributed, and continue to contribute, to the best of their ability. For 30 years, we’ve been building. Building buildings. However, and more importantly, we’re building community. We’re building up the Body of Christ. We’re building up a Christian household. A worshiping family. Linked together by a common faith, we are building for the generations to come.

The rod of Aaron is an image of this mystery, for when it budded it showed who should be priest. So, in the Church, that once was barren, the wood of the Cross has now put forth flower, filling her with strength and steadfastness.

–Katavasies, Tone Eight

Meet Iconographer Giorgos Kordis

On October 20, parishioners and friends of the Cathedral will have the opportunity to meet Giorgos Kordis. A well-known iconographer, Dr. Kordis has been identified as the person who will write the icons in the new Cathedral (once the interior is completed, of course). Born in 1956, Giorgos studied iconography at the University of Athens, where he is also professor of iconography, as well as our own Holy Cross Greek Orthodox School of Theology, in Brookline, MA. He has visited the Cathedral, where he has met with Metropolitan Gerasimos, the Parish Council, and a number of parishioners. On October 20, Dr. Kordis will come back to the Cathedral, this time the guest of OIKOS. He will speak to us about the icon as a window into the heart of faith and share with us his vision about the icons he plans to write for us. We have spoken to him about the following icons: the dome (where Christ Pantocrator will be displayed), the pendentives, below the dome (where the evangelists will be displayed), the Platytera, or apse above the altar (where the Theotokos holding the Christ child will be displayed), the icons on the Icon Screen (where Christ, the Theotokos, the Annunciation, John the Baptist, the Archangel Gabriel, and the Archangel Michael will be displayed), the Prothesis (where the Akra Dapinosis, We venerate Thy Cross, O Master, and we glorify Thy holy Resurrection.

–Tone Six
30th Anniversary of the Earthquake Luncheon

October 20, 2019 is the closest Sunday to the 30th anniversary of Loma Prieta, which occurred on October 17, 1989. On this day, OIKOS is presenting Professor George Kordis, who will share with us thoughts on the “writing” (we use “writing” rather than “painting,” for reasons which will be explained) the icons for the new Cathedral, especially, the icon of the Annunciation, which has been featured, in various forms, on the Cathedral’s Christmas cards in recent years. A luncheon will be held. The donation for this 30th anniversary-since-the-earthquake luncheon will be $30. The proceeds will go to the Building Fund. So, save the date. That’s Sunday, October 20, 2019, following the Divine Liturgy. For more information, please contact Dr. Katina Kostoulas, katinakost@aol.com. Oh, yes, we said we would explain why we write rather than paint icons. First, it’s a translation of the Greek, εἰκονογράφω or εἰκονογραφία, which says I write icons rather than I paint icons. So, in English, we have iconography, rather than “iconovaphy.” Secondly, it says something about the nature of icons. While being visual, icons function, not as paintings to be admired, but as a “visual Gospel” to be grasped. The Gospel aims to inspire and to teach. So do icons. The Gospel intends for the hearer to be moved to act. So do icons. This is why icons are not innovative. That is, they are not “drawn” in order to evoke an aesthetic response. They have their own inner logic. Dr. Kordis will explain how there is a certain ratio between the various facial features, for example. Why the eyes tend to look large, the nose elongated, and the mouth small. The icon directs one’s thoughts to the “prototype,” which means that the viewer thinks immediately at the reality of what is being represented. So, for example, one is not drawn to admire the icon of Christ as a work of art. Rather, one thinks of Christ Himself, being born, teaching, healing, being crucified, being raised from the dead. Or, the icon of the Theotokos and ever-virgin Mary. One sees her clad in blue, purple and scarlet and thinks not of a woman dressed in her finery, but of the one who becomes the Ark of the Covenant, as the Art, which contained the 10 commandments, was covered in those colors (see Exodus 26:31-35, and other parts of the Book of Exodus). Do plan on coming to the luncheon and meeting Dr. Kordis. Once again, that’s Sunday, October 20, 2019. Right after the Divine Liturgy (i.e. 12 noon). Donation: $30.

Miracle at 245 Valencia: Bank Restructures Construction Loan

The Christian experience is all about miracles. As members of the Annunciation Cathedral, we have, individually and collectively, witnessed a number of miracles. One miracle took place recently; it has to do with the funding of our building project. As we’ve stated in the past, the Cathedral took out a “line of credit” in the amount of $6 million, through Five Star Bank. The agreement was that, each year, in addition to paying interest on a monthly basis, we would also come up with a “balloon payment” in the amount of $400,000.00, in order to reduce the principal. This is something we did for 3 years. However, this year, we found ourselves in a bind. We didn’t know quite what to do to meet this payment, due in July. We turned to prayer. Then, the bank initiated a call and said they wanted to meet with us relative to our loan. On June 20, the Bank shared with us that, since we met all of our payments due to date, and since the project has gone on longer than anticipated, in order to alleviate the hardship a balloon payment would cause us, it decided to forgo the balloon payment requirement and, instead, restructure our loan. Our Parish Council president, vice president, secretary, treasurer, and our Capital Campaign committee chairman met with representatives of the Bank. The outcome was that we will not be required to pay the $400,000 balloon payment as in the past, but that we will rewrite a new funding agreement which will carry us through for the next 18 months with a fully amortized payment rather than a balloon. A rough estimate was that the monthly payment under the new arrangement will be a few thousand dollars more than what we are currently paying every month. For us, this was very doable. Some may call this serendipitous. We prefer to call it a miracle, in the sense that the Protectress of our parish, the holy Theotokos and ever-virgin Mary has interceded on our behalf. Now we can really focus on tying up the loose ends necessary to get our parking facility online; complete the balance of the work for phase 1 and then look forward to developing a successful campaign for phase 2. Meanwhile, our Capital Campaign Committee is meeting with fund raising experts in order to restart our campaign efforts.
Development of Visuals

While Father Stephen was away this summer, he had occasion to visit Canterbury, spiritual home of the Anglican Church, and seat of the Archbishop of Canterbury. While walking through the mammoth nave, he noticed a number of life-size panels which included photographs, graphics and text, describing the ministries of Canterbury Cathedral. He wondered, “why not something similar for the Annunciation Cathedral?” After all, we have a story to tell. And why not, after all, as we will be observing our 100th year in 2021. As for topics, the proverbial sky’s the limit. Of course, the feasibility of this undertaking depends upon volunteers, who would gather the information, graphic designers, who would lay it out, and a printing company, to produce it. We already have the latter two. And, we have the generous assistance of Jim Loukas for the historical perspective. However, we will need volunteers to come up with photos and write text for the Cathedral’s ministries. And, so, an invitation to you, our parishioners, who have the time and inclination to assist. Please contact Father Stephen, fatherstephen@annunciation.org and offer your assistance.

A Blessing of Animals: Bring your Pets

The whole idea of bringing your pets to church for a blessing may sound “out there.” However, it is very much in keeping with our Orthodox Christian understanding of creation, as our Ecumenical Patriarch has pointed out numerous times. The Church has even canonized saints who are known for the unique ways with which they communicated with the animal kingdom. One such saint is Saint Modestos, Archbishop of Jerusalem, who is remembered for being a healer of animals. To this day, it is said, anyone who celebrates the memory of Saint Modestos, with faith, will have protection for his animals from all harm. Saint Modestos is remembered as the patron saint of farm animals in several places, including Greece. In fact, there is a prayer attributed to him. In part, it goes like this: “Lord Jesus Christ our God, who fashioned in wisdom both the invisible and visible creation...who provides for all your creatures, hear our prayer and drive away and banish every injury and illness from all our pets and animals which are loved truly by your servants.” A brief prayer service of animals was devised. Recently, a copy, featuring a special commentary on “Compassion of animals in the Orthodox Church” by Metropolitan Kallistos Ware was sent to us.” We are considering instituting a “day for the blessing of animals.” We would ask you to bring your pets to church on this day of blessing. Before we do, however, we invite your feedback. We would love to hear from you: do you have pets? Would you bring them to a blessing? More on this in subsequent issues and from the pulpit.
We were visited this year by Father Seraphim Majmudar, Pastor of St. Nicholas Church, in Tacoma, WA.

Our Philoptochos women at work, preparing melomakarona for the Festival.

Safety, our Foremost Concern

At every service, during the petitions, we pray to God “for the safekeeping of our souls.” This includes our physical wellbeing. Salvation and safety are our foremost concerns. In view of what has become epidemic in our times—the rampant killing of innocent people, generally all forms of violence—we are constantly taking steps to safeguard the well-being of our congregants. On September 9, our priest and parish council members participated in a workshop entitled “Security in Houses of Worship and Faith-Based Organizations.” It is being held at St. Mary’s Cathedral, which is underwriting the workshop’s expenses. The workshop is being organized by the SF Interfaith Council, in collaboration with a number of local organizations, including the SF Police Department, the Sheriff’s Department, the Department of Public Health and the Department of Emergency Management. We look forward to sharing with you information and recommendations gleaned from the event, as we continue our own mission of service to one another by building up the Body of Christ.
SAVE THE DATE - SATURDAY, October 26, 2019
The Annunciation Cathedral San Francisco Greek Dance Program is proud to host:

OLI MAZI GREEK DANCE SYMPOSIUM
Sponsored by the Greek Orthodox Folk Dance Festival (FDF)

- Featuring several FDF/HDF judges teaching dances from various regions of Greece
- Judges panel answering some of your pre-submitted questions
- Costume and instrument presentations, and more!
Introduction to Orthodoxy

Introduction to Orthodoxy” Class Welcomes New Members to the Faith

The new Annunciation cathedral recalls the beauty and majesty of other churches more than a millennium old, such as Hagia Sophia in Constantinople. Those who have been fortunate enough to witness its construction know that, like those older churches, it is being built to last, and one can imagine it serving the needs of the faithful, God willing, centuries from now. The building is an impressive, outward sign of our community’s conscious outreach to the city and the world. By building a sanctuary for God, we are simultaneously expressing a gesture of welcome to all future generations of Orthodox Christians.

Some of them will be born into our families, while others will marry into the faith. Still others will come to us simply because they are astounded by the beauty of our worship, the richness of our theological traditions, and our special emphasis on the mystery of our intimate encounter with God. Whether future parishioners are drawn into the fold by love for its members, for their resilient, ancient faith, or by a mixture of the two, we must continue to be prepared to accommodate incoming Orthodox Christians of every background.

The Cathedral’s “Introduction to Orthodoxy” class aims to facilitate the spiritual journey of those considering joining our Church. We prepare adult inquirers for their baptisms and chrismations, and we explore the richness of our faith through discussion of Holy Scripture, the theology of the Church Fathers, and the lives of the Saints. The goal of the course is to provide people with acculturation in the Church prior to their becoming full members in it.

The class meets two times a week. The meetings take place in the Cathedral’s conference room, located on the second floor, adjacent the elevator. The times are 9 a.m. to 10 a.m. Classes will resume September 15. They will also be held, in September, on September 29.

Festival to Feature Wine Booth

Come tantalize your palate and taste some of the finest wines imported from Greece at our KRASI - Premium wine booth. Learn about the unique varietals of Greek grapes that are indigenous to this part of the world. Come buy a glass or if you’d like really to have a wine experience, we will be offering a flight of 5 premium Greek wines to taste, that pair deliciously with our food and pastries. We look forward to serving you!

Dementia Caregiver Support Group News

Our Dementia Caregiver Support Group has been growing in numbers. This means it addresses a need. The need for caregivers to receive support in caring for their loved ones. As the general population is aging, and as we are living longer and longer, we are all subject to the impact of cognitive issues. The Cathedral is pleased to partner with and host the Alzheimer’s Association monthly support group meeting on the 1st Tuesday of the month from 11am-12:30pm. The group meets in the Cathedral’s conference room, which is located on the second floor, to right of the elevator. We invite your attendance, as you encounter loved ones affected by memory loss. Meet others who are going through exactly what you are going through. There is no cost to attend, and the support you receive is not only helpful; it can also be life-changing. The September meeting will take place on Tuesday, September 3. For more information, please contact Heather Gray, Family Program Manager, at 1.800.272.3900 or email her at hgray1@alz.org.
The Annunciation Cathedral

Cordially invites you to attend a Luncheon

On the occasion of the 30th Anniversary of Loma Prieta—the earthquake that shook the ground, claimed the old Cathedral, but brought us together as a community of Faith, to rebuild, to the glory of God!

Sunday October 20, 2019
Following the Divine Liturgy
Come meet Iconographer Dr. Giorgos Kordis, who will speak to us about the icon of the Annunciation (as part of our OIKOS lecture series)
$30 per Person Full luncheon by Angelo Koutoulas of Chick ’N Coop
Proceeds will benefit the Cathedral Building Fund

I/we are attending and would like _________ tickets at $30 each. Enclosed is my/our Check in the amount of $______________ , or

Charge my/our Credit Card, Amex Visa MastercardAcct. #___________________________________________

Valid through Date_______________________ Security Code____________

Your signature___________________________________________________________________________
### AnnunciAtion Food Festival Cooking Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Menu Item</th>
<th>Chairpersons</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, Jul 17th</td>
<td>Koulourakia</td>
<td>Philoptochos: Despina Poulos &amp; Soso Dekaristos</td>
</tr>
<tr>
<td>Monday, Jul 22nd - 26th</td>
<td>NO COOKING</td>
<td>OVEN CLEANING/KITCHEN PREP</td>
</tr>
<tr>
<td>Monday, Jul 29th</td>
<td>Green Beans</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
</tr>
<tr>
<td>Tuesday, Jul 30th</td>
<td>Green Beans</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
</tr>
<tr>
<td>Wednesday, Jul 31st</td>
<td>Green Beans</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
</tr>
<tr>
<td>Wednesday, Aug 7th</td>
<td>Melomakarona</td>
<td>Philoptochos: Soso Dekaristos &amp; Vicky Moulas</td>
</tr>
<tr>
<td>Friday, Aug 9th</td>
<td>Galaktoboureko</td>
<td>Philoptochos:</td>
</tr>
<tr>
<td>Mon, Aug 12th - Thur 15th</td>
<td>NO COOKING</td>
<td>PANAGIA SET-UP</td>
</tr>
<tr>
<td>Friday, Aug 16th</td>
<td>Kourabiedes</td>
<td>Philoptochos: Tessie Calligeros</td>
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<tr>
<td>Wednesday, Aug 21st</td>
<td>Baklava</td>
<td>Philoptochos: Sophia Makras &amp; Despina Poulos</td>
</tr>
<tr>
<td>Friday, Aug 23</td>
<td>Moussaka and Pastitsio</td>
<td>Yvonne Stamatakis</td>
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<tr>
<td>Saturday, Aug 24</td>
<td>Moussaka and Pastitsio</td>
<td>Yvonne Stamatakis</td>
</tr>
<tr>
<td>Sunday Aug 25</td>
<td>Moussaka and Pastitsio</td>
<td>Yvonne Stamatakis</td>
</tr>
<tr>
<td>Wednesday, Aug 28th</td>
<td>Spanakopita</td>
<td>Philoptochos: Irene Vafiadis, Rose Sogotis, Vicky Moulas</td>
</tr>
<tr>
<td>Thursday, Aug 29th</td>
<td>Spanakopita</td>
<td>Philoptochos: Irene Vafiadis, Rose Sogotis, Vicky Moulas</td>
</tr>
<tr>
<td>Friday, Aug 30th</td>
<td>Spanakopita</td>
<td>Philoptochos: Irene Vafiadis, Rose Sogotis, Vicky Moulas</td>
</tr>
<tr>
<td>Tuesday, Sep 3rd</td>
<td>Bell Peppers</td>
<td>TBD</td>
</tr>
<tr>
<td>Thursday, Sept 5th</td>
<td>Bell Peppers</td>
<td>TBD</td>
</tr>
<tr>
<td>Wednesday, Sep 4th</td>
<td>Bell Peppers</td>
<td>TBD</td>
</tr>
<tr>
<td>Tuesday, Sep 10th</td>
<td>Dolmades</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
</tr>
<tr>
<td>Wednesday, Sep 11th</td>
<td>Dolmades</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
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<tr>
<td>Thursday, Sep 12th</td>
<td>Dolmades</td>
<td>Philoptochos: Rose Sogotis &amp; Vicky Moulas</td>
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<tr>
<td>Wednesday, Sep 18th</td>
<td>Rizogalo</td>
<td>Philoptochos: Rose Sogotis</td>
</tr>
<tr>
<td>TBD</td>
<td>Chicken Prep/Marinade</td>
<td>TBD</td>
</tr>
<tr>
<td>TBD - Saturday</td>
<td>4 Syrups</td>
<td>Bobby Fragakis</td>
</tr>
</tbody>
</table>

Scheduling Questions call Grace 650 518-4657.
God Bless You, Stewards

Note the graphic to the right: Annunciation is our spiritual home. Our spiritual home is in the Orthodox Christian Church, where we have worshiped, in the “correct way” (this is what “Orthodox” means) for 2,000 years. We support the Church because it is founded by none other than Jesus Christ, who, we believe, is our Lord God and Savior. In His Name we pledge to support the work of the Church, through Stewardship. Below are the Stewards of the Church for 2019:

Aleck, Demetria
Aleck, Patricia
Allen, Maria & Andrew
Ambus, Anthony & Zetta
Ambus, Dr. Antonia
Ambus, Dr. George & Tessa
Anapliotis, Marios
Armatas, Christina
Arsinoos, Mariam
Arvanitidis, Athena & Nicholas
Arvantelis, Agapi
Asimos, Chrisula
Asprogerakas, Danny & Eliana
Athanasaides, Philip & Diala
Bagatelos, Michael
Bagatelos, Peter A.
Balian, Annamarie & Robert
Bardis, John & Kathleen
Barlas, Constantine
Bazgan, George
Bissas, Maria
Bizannes, Elias & Irina
Boone, Harriet
Boutiette, Mary Ann
Bozionelos, Jim & Florika
Callas, Georgia
Callas, Elien
Caloyanides, Toula
Cardellini, Marie
Carter, Elien Larissopoulos
Cazanis, Katerina & Peter
Cheong, Bryan
Chiappari, Philip & Annette
Chiappari, Yvonne & Anthony Chiappari
Cocoles, Jim & Luba
Cocoles, Stanley
Contos, Christopher
Cruz, John
Curd, Vivian & John
Cusulos, Nan
Dakis, Mrs. Elii
Dalianes, Athan & Marguerite
Danielidis, Maria
Davies, Ethel
Decker, Christina
Dekaristos, Mrs. Anastasia
Delis, Nicholas & Stephanie
Demetry, Andrew
De-Simone, Giovanna
Design Details
Destein, Nick
Destein, Patricia
Dhawan, Anirudh & Brittny
Doukas Kenney, Danae
Drogitis, Joanne
Drolapas, Mrs. Themis
Dunning, Georgina & Jesse
Economides, Nicholas & Janine
Economou, Chris
Efstratis, Jenny, Greg & Alexi
Efstratis, Lisa
Eliopoulos, Annette & John
Eliopoulos, Jr., John & Eileen
Eliopoulos, Louie
Elite, Dr. Anthony
Fanourgakis, Mike & Dimitra
Fessahzion, Efrem
Fisher, Gary & Alex Zaphiris
Fkiaras, Evgenia N
Flynn, Mr. & Mrs. Steve
Fotenos, Mr. James F.
Fotenos, Margaret
Fousekis, Mr. & Mrs. Vlasis and Kalliope
Fousekis, Shareen & Spiros
Franco, Mr. & Mrs. Michael
Franco, Mrs. Helen
Garibaldi, David & Kathie
Garibaldi, Nicole & Michael
Gazulis, Theodore
Georgatos, Mr. & Mrs. Nicko M.
Georgatos, Mrs. Toula
George, Sam
Georgiadis, John & Sophia
Glafkides, Mr. & Mrs. Constantine
Glaros, Stanley
Grampas, Bonnie
Gumas, John & Janice
Hagnicols, Leo
Haralabopoulos, Peter
Haralambopoulos, Constantine & Eleftheria
Haramis, Maria
Haramis, Peter
Haras, Louis & Panagiota
Hernandez, Mr. Jose & Sofia
Kleftogionne
Hillas, Patrick
HOLLOW, Vicki Eleni
Janssens, Anthi 1
Johns, Mr. & Mrs. John
Kallas, Mrs. Louise
Kamenis, Steve & Eleni
Kanakis, Evangelia & Peter
Karas, Angelus
Karas, Bill
Karas, Chris
Karas, Eva
Karas, Joanna
Karas, Kathy
Karas, Mr. & Mrs. Tom
Karsant, Dr. & Mrs. Constantine
Kasolas, Michael & Stella
Kastoras, Athanasios & Niki
Katen, Ken
Katsanis, Gari
Kavalaris, James & Joanne
Kenney, Danae & Knute
Keramari, Mrs. & Mrs. Demitrios
Kokalis, Despina Nick
Konstantinidis, Dino C. & Bella
Kontonis, Mr. & Mrs. Andreas
Kontonis, Mr. & Mrs. Nick
Kontrafuris, Tom & Family
Kosaris, Paul & Irene
Kotseroglou, Theofilos & Marianne
Kotsonis, Peter & Shu Young
Kottas, Angelos
Koulos, Mr. & Mrs. Leo Paul
Koupas, Evelyn
Thank you. Efharisto for your Stewardship. As this issue of the Herald goes to press, we are preparing Stewardship materials for 2020. These should be coming to you later in the fall of 2019. Please look for your 2020 Stewardship packets. Make your Stewardship commitment to the Church a priority. Our presence is only as strong as your faith. If your faith is strong and your commitment is strong, your church will be strong. God bless you, once again, and thank you
Philoptochos News

Recently, our Ladies Philoptochos held elections of Officers and Board Members for 2019-2020. Deedy Aleck, Valerie Roumeliotes and Rose Sogotis oversaw the committee. The following were elected: President: Janis Petrou Vice-President: Vicky Holloway Second Vice-President:

Katherine Dermitzakis
Secretary: Vivian Curd
Assistant Secretary: Meena Vellis
Treasurer: Sophia Makras
Assistant Secretary: Mariam Arsinoos
Advisor to the Board: Patricia Aleck
Members of the Board: Anastasia Dekaristos
Joanne Glafkides
Grace Koutoulas
Irene Kyriacou
Vicky Moulas
Liberty Nuris
Despina Poulos
Irene Poulakidas
Foula Vasilogiorgis

For a total of 17 members. That’s because our enrollment is below 120. When our enrollment reaches 120, we may add 2 more members. Meanwhile, Annette Chiappari, Despina Kokalis, Rose Sogotis, Terpsi Varanis, and Angie Leventis have been named life time members of the Board.
The new board will receive their oath of office in September.

On June 3rd, Philoptochos proudly presented the “Friend of Philoptochos” award to Jimmy Sogotis for his hard work and support to the National Philoptochos initiative of “Feeding the Hungry” through the Community Kitchen. Axios!

Three worthy young people received scholarships this year. Above, Stephen Panagiotopoulos received the award on behalf of his brother, Antonio, who was attending classes in Los Angeles.

Angela Chase received a second Philoptochos Scholarship. The third scholarship, the John N. Pappas Scholarship, was awarded to Yonas Tesfai.

Annette Chiappari is invested with a life time membership on the Philoptochos Board by Janis Petrou, President.
Celebrating the Feast Day of the Dormition of the Theotokos Thank you all for attending the luncheon and supporting Philoptochos’ social services charities.

Getting ready for our Food Festival:

Vicky, Irene, Melina, Stella, Father, Despina and Soso hard at work, making melomakarona.

A few of the women (Irene, Stavroula and Emilia) baking Kourambiedes. Thank you to everyone who has been baking delicious pastries for the Festival.

Ever fashionable: Tula Mouroufas and Nina Cois, shown at this year’s Mother’s Day Luncheon and Fashion Show with Parish Council president Chris Kyriaocu.

As noted in the last issue of the Herald, His Eminence Elpidophoros was recently enthroned as Archbishop of America. Shown with our new Archbishop is Archon Orphanotrophos of the Ecumenical Patriarchate, Paul Sogotis. Mr. Sogotis is Annunciation Cathedral’s sole living Archon.
Community Kitchen

The Cathedral’s Community Kitchen, which began under the name “Soup Kitchen,” operates the third Tuesday of every month. The volunteer work involves food prep, cooking, hall setup, serving the meal and—so important—cleanup. We also have a food pantry, so a few awesome volunteers come early to bag up canned/non-perishable goods for our guests to take with them. Some volunteers arrive earlier, but the typical timeframe is 5 p.m. to 9 p.m. Shown above are just some of our Young Adults, who spearhead the Community Kitchen ministry. Won’t you join them? Following each Community Kitchen, after cleanup, the Young Adults gather in the second-floor conference room for wine and cheese. They get to know one another better. They welcome new members. They address topical issues. And, of course, they plan for the following month’s Community Kitchen. In November, the Young Adults teamed up with the Cathedral Ladies Philoptochos for a Thanksgiving feast! In December, an entire class of middle school kids joined our young parishioner and his parents and helped set up, serve, and clean up. This participation by our younger kids was very moving. In April, our GOYA, under the direction of Matia Kostakis, joined in with our Young Adults. This month, Community Kitchen will take place on Tuesday, September 17. Our guests count on us to provide them with a hot meal, and fellowship. May we, in turn, count on you? It is a commitment; it does take a few hours of your time. But, think about how much good you can do for others by showing up and volunteering for a couple of hours. Once again, that’s Tuesday, September 17, 5:30 p.m. for set up and 6:30 p.m. for serving. We look forward to your participation.

Meanwhile, Community Kitchen enjoys the support of our Ladies Philoptochos. Our women’s organization has taken on Community Kitchen as part of its local mission, underwriting the monthly Food Bank bills and additional purchased food products, as well as paper goods—table cloths, plates, plastic ware, cups, napkins, storage containers, baggies, foil, etc. In addition, Philoptochos recruits volunteers to assist the kitchen staff.

Some 100 guests come to the Cathedral’s Community Kitchen, to be fed, to get out of the cold, to feel acceptance and warmth by people who care. The Cathedral, through its Young Adults, is honored to be able to host this event the third Tuesday of every month. – God bless our faithful volunteers!

Our Youth are involved in the life of the Church, through worship.

Brethren, the preaching of the Cross is to them that perish foolishness; but unto us who are saved it is the power of God.  
–St. Paul’s First Letter to the Corinthians, 1:18
Show your Greek Pride while you cheer on the San Francisco Giants! All Tickets Sold. But, Wait, We Bought another Block of Tickets.

We wrote you and you responded. All tickets were sold out. However, we were able to block off another section for Greek Heritage Night at Oracle Park on September 27, 7:15 p.m. And, so, we are reprinting our appeal, inviting you to support our dance groups by joining us for a fun night cheering on our San Francisco Giants against the rival LA Dodgers on Friday, September 27th at 7:15pm at Oracle Park. This is a very special night as the Giants are hosting their first ever “Greek Heritage Night”. Let’s show the Bay Area our Greek Pride at a Giants game! Tickets are $47 each, in the Bleacher Section 137. The cost of the ticket includes a special Giants Greek t-shirt. The sale of every ticket will contribute $5 in support of our Annunciation dance groups.

If you are interested, please email Stephanie Thompson at sotiria@gmail.com. There are a limited number of tickets in our section of the bleachers for this special first-time event, so act fast and come join the fun!
Dance Group News

The Dance Board has purchased a block of tickets to the San Francisco Giants vs. LA Dodgers on Friday, September 27th at 7:15pm Oracle Park.

This is a special night as the Giants have designated this game Greek Heritage night! Let’s show the Bay Area our Greek Pride at a Giants game.

Tickets are $46 each in the bleacher section 137 and will include a special Giants Greek t-shirt. Additional information follows.

We are happy to note our dance group program resumed on August 18. Our primary focus is to prepare dances which will be presented at the festival. Now, that September is upon us and Sunday School is about to begin, dancers of all ages are encouraged to attend Sunday School on Sundays. (Please refer to the special letter from Father Stephen that was distributed to all youth groups—dance, Sunday School, Greek School, basketball, GOYA, and JOY.) Those registered to serve in the altar as acolytes are invited to do so in accordance with the schedule found elsewhere in this Herald. Meanwhile, should you wish information about joining our program, we invite you to contact Lea Lyberopoulos at karthia808@yahoo.com.

Our groups, as presently composed, are as follows:

To Mellon: Pre-K-1st grade
Directed by Irene Kyriacou and Katerina Sarikakis

Revmata: 2nd-5th grade
Directed by Katerina Sarikakis, Trina Misthos and Eleni Taptelis

Thisavri: 5th-8th grade in
Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Spithes: 9th -12th grade
Directed by Irene Kyriacou, Lea Lyberopoulos, and Lea Papavasiliou

Atithasi: Young Adults
This group will be activated this year, so that it may participate in FDF during President’s Day Weekend in 2020.

Pangari Schedule

Serving on the pangari is a privilege, not only for Parish Council members, but for anyone who would like to be a part of the team of those who extend welcome to our services, especially for those who are visiting us from out of town and also people new to the community. The following teams, created so as to match up with their respective children, who will be serving in the altar on those days, consists of Parish Council members. Duties include the passing of the collection plate(s) and the seating of guests.

Team #1
Deno Konstantinidis
Philipppos Athanasiades
Christopher Kyriacou
Dean Nicolacakis

Team #2 (Second Sunday Please)
Paul Sogotis
George Ambus
Mike Sarikakis

Team #3
Nicholas Rally
Nicholas Svetcoff
John Lampros

Team #4
Manoli Nuris
Peter Cazanis
George Gavros

Peter Manetas, Nick Kontonis, Michael Bagatelas, Gus Vellis also serve at the pangari, on a regular basis.

Philoptochos members and other members of the community are invited to participate, as well. Please speak to Dr. George Amadiotakis, Ambus, Chair of our Pangari protocol committee, and indicate your willingness to be a part of the pangari team.
Sunday School is about to begin. On Sunday, September 29. The start time is 10:30 a.m. We look forward to welcoming returning students, as well as new students. Registration for new students will take place that day. Our Sunday School is staffed by volunteers, parents, for the most part, who give of their time preparing lessons and, for the younger children, craft projects. We accept students from Pre-K (potty-trained children, please), through high school. The classes are formed based on the number of students in each grade and the availability of teachers. The purpose of Sunday School is to teach our children our Orthodox Christian Faith. We teach Bible Stories, the Church Fathers, the dogmatic teachings of the Church, and we also explore contemporary social and other issues. We teach our children prayers, assuming that they have learned to pray at home. We pray together, and we worship together. Typically, our classes last from 10:30 a.m. until 11:30 a.m. Then, we attend the Divine Liturgy and receive Holy Communion. We have discussed the idea of convening Sunday School following the Divine Liturgy, so that children may worship during the Divine Liturgy with their families. However, this has proven to be impractical, as dance practice follows the Divine Liturgy during the winter months. Yet, this is an ongoing conversation. During the year, we participate in the UNICEF drive, put on a Christmas pageant, participate in the St. John Chrysostom Oratorical Festival, take part in Sunday of Orthodoxy and other services, and fold palms for Palm Sunday, to name a few. As always, we are looking for additional volunteers to teach or to serve as assistant teachers. We are pleased that two more joined our team last year. Another two this year will do it. We are also pleased to announce that we will be holding a choral class this year. There are opportunities for children who play instruments or who are particularly gifted, musically speaking. Our program this year will grow and will be very versatile, depending upon interest and special talents. Meanwhile, we ask for your continued support, as we endeavor to share our priceless Faith and Heritage to our children, whom you entrust to our care.

Morning Prayer to the Holy Trinity:

Having arisen from sleep, we fall down before Thee, O Blessed One, and sing to Thee, O Mighty One, the angelic hymn: Holy! Holy! Holy! art Thou, O God; through the Theotokos, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit. Do Thou, O Lord, Who hast raised me from my bed and from sleep, enlighten my mind and heart, and open my lips that I may praise Thee, O Holy Trinity: Holy! Holy! Holy! art Thou, O God; through the Theotokos, have mercy on us.

Now and ever and unto ages of ages. Amen.

The Judge will come suddenly and the acts of every man will be revealed; but with fear we cry in the middle of the night: Holy! Holy! Holy! art Thou, O God; through the Theotokos, have mercy on us.

Inscribing the invincible weapon of the Cross upon the waters, Moses marked a straight line before him with his staff and divided the Red Sea, opening a path for Israel, who went over dry-shod. Then he marked a second line across the waters and united them in one, overwhelming the chariots of Pharaoh. Therefore, let us sing to Christ our God, for He has been glorified.

– Katavasies, Tone Eight
As many of you know, the school has been running at a loss and tuition has not been increased in years. We will be increasing the annual tuition to $650. Please note that this is still very reasonable given the quality of education that your students are receiving. At $650/year, the hourly rate ends up being $9.80/hour!

Greek School (for adults):
We will be offering Greek School classes for adults at the same time and schedule as those for children. Teacher Loukia Papadopoulou, who has been teaching Level 4 and was the Greek school Director in the past, will be teaching the adult class. So while you drop off your kids at Greek school, you can also learn Greek as well! Tuition will also be $650/school year.

Performing Arts Class (for children and adults):
We will continue with our wonderful performing arts class but will extend it to adults as well! Students must be at least in Level 1B to participate. Tuition for the performing arts class will be $325/school year. Classes will take place Saturdays from 12:30 - 1:30 pm.

We are so pleased to offer a well-rounded education (Greek language AND culture) through the Annunciation Cathedral; we will be adding some more cultural activities to the curriculum! If you like the education that your child(ren) have been receiving, please spread the word! Or sign up for the adult class!

Please note the following dates, when there is no Greek School:
1. October 12th - closed for Columbus/Indigenous People day
2. November 30th - closed for Thanksgiving
3. December 21st - closed for Christmas vacation
4. December 28th - closed for Christmas vacation
5. February 15th – closed for President’s Day weekend
6. April 18th - closed for Greek Easter
7. May 23rd - closed for Memorial Day weekend

Important Celebration Dates:
- December 14th – Christmas Celebration
- March 21st – Greek Independence Day
- April 19th – Greek Easter
- May 23rd – Memorial Day weekend

*First day of Greek school is September 7, 2019
*Last day of Greek school is June 6, 2020
Certain characteristics give icons their unique, mystical look. Subjects appear flat and may have exaggerated features such as large eyes to reveal the soul and high foreheads to emphasize the spirit. An unrealistic appearance reveals the divine, spiritual nature the saints have achieved. Inverse perspective may be employed where certain subjects thrust themselves forward on the viewer, emphasizing their importance. This contrasts with the linear perspective that shows vanishing points and three dimensions. Certain colors are symbolic. For example, gold, a primary background color, represents the divine light of God’s world.

Serving in the Altar

Serving in the altar is a wonderful way for our young people to participate in the worship of our church, and learn more about our faith. For the present school year, we are very pleased to announce the altar leaders program! This year, three of the older altar servers have taken on the responsibility of coordinating the groups during services each week. We hope to add several more to their ranks in the coming years!

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact Father Stephen at fatherstephen@annunciation.org. Thank you also to Nektarios McKnight for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!

Our altar schedule for September is as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Group</th>
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<tbody>
<tr>
<td>September 8</td>
<td>Group 2</td>
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<td>September 15</td>
<td>Group 3</td>
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<tr>
<td>September 22</td>
<td>All Groups</td>
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<tr>
<td>September 29</td>
<td>Group 4</td>
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</tbody>
</table>

Our altar groups are as follow:

Group 1- Stelios Kyriacou, Kosta Lyberopoulos, Andrew Vellis, George Tsokas, Victor Nicolacakis, Justin Perez, Christian Kleinekorte

Group 2- Christopher Apostolos Percia, Panagiotis Sogotis, Yianni Sogotis, Steven Monolakis, Matheos Zarou, Andonis Ambus

Group 3- Steven Chiappari, Gianni Kefalas, Nicholas Shatar, Michael Kamenis, Vlasis Kyriacou, Thanos Kyriacou, Nathanael Shatar (Micaheal Kamenis, Group Leader)

Group 4- Nathan Tesfai, Bobby Kontonis, Hari Manetas, Alexander Kasolas, Matthew Nuris (Jonas Tesfai-Group Leader)

Don’t see your name here? Would you like to join us? We would like you to. Report for altar duty any Sunday morning, prior to 10:30 a.m., and Nektarios will make the appropriate arrangements. Meanwhile, it is also imperative that you attend Sunday School. Ecclesiarch Nektarios notes: We have two Permanent Leaders in the Altar, and they are Nathan Tesfai and Michalis Kamenis. We anticipate a maximum of six additional servers in the Altar; any more than six will need to attend Sunday School. Altar servers are required to be vested and ready to serve by 10:30 a.m. Late comers will need to attend Sunday School if they cannot arrive early enough to serve.

Interested in forming a group of girl altar servers, beyond the Myrrh Bearer’s (Angels) program that we have during Holy Week and Pascha? Please contact Evangelia Raptis-Zarou, erz.raptiszaru@gmail.com

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Sacraments and Services

Baptism
Freda Lakshmi Dhawar, daughter of Anirudh Richard Dhwar and Brittany Desiree Henderson, was baptized August 25. Her Sponsors are Alexandros and Erin (Elisavet) Kozak.

Na Mas Zisi! Long Life!

Chrismation
Robert Joseph Ramaglino was received into the Church, through the Sacrament of Chrismation, on August 4, and was given the saint’s name Charalambos by his Sponsors Vicki Mavroudis and Tasso Mavroudis.

Na Mas Zisi! Long Life!

Marriages
The marriage of Robert Joseph Ramaglino and Irene Olympia Mavroudis was blessed on August 17. Their Sponsor is George Mavroudis.

The marriage of George Elia Haras and Jaime Michelle Hinton was blessed on August 24. Their Sponsor is Dimitri Tsougranis.

Na Mas Zisoun! Long Life!

Condolences
The Cathedral extends condolences to the Karas family, upon the falling asleep in the Lord of their sister Anastasia (Ann) Karas, on June 28. Ann was buried on July 9 and her 40th day Memorial was held at the Cathedral August 4.

The Cathedral extends condolences to Mary Chicos and her family, upon the falling asleep in the Lord of her husband and their father and grandfather, Sam Chicos, on July 1.

The Cathedral extends condolences to Steve and Maria Georgiou, upon the falling asleep in the Lord of their mother, Anastasia, on July 24.

Aionia I Mnimi! Eternal Memory!
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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
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<tr>
<td>9 am Orthros; 10:30 a.m. Divine Liturgy</td>
<td>11 am Dementia Support Group</td>
<td>Festival Cooking: Bell Peppers 9 am</td>
<td>Festival Cooking: Bell Peppers 9 am</td>
<td>10:30 am Greek School</td>
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<td>Ecclesiastical Year Begins</td>
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<td>9 am Orthros; 10:30 a.m. Divine Liturgy</td>
<td>Festival Cooking: Dolmathes 9 am</td>
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<td>Festival Cooking: Dolmathes 9 am</td>
<td>10:30 am Greek School</td>
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<td>Birth of the Theotokos</td>
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<td>Exaltation of the Holy Cross: 10 am Divine Liturgy</td>
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<tr>
<td>9 am Orthros; 10:30 a.m. Divine Liturgy</td>
<td>6:30 pm Community Kitchen; 8 pm Young Adults</td>
<td>Festival Set-up</td>
<td>Festival Cooking: Rizogalo 9 am</td>
<td>Food Festival: noon – 10 pm</td>
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<td>9 am Orthros; 10:30 a.m. Divine Liturgy</td>
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<td>Greek Heritage Night at the Giants</td>
<td>10:30 am Greek School</td>
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<td><strong>Food Festival: noon – 8 pm</strong></td>
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GREEK FOOD FESTIVAL

FRIDAY, SEPTEMBER 20 12 PM - 10 PM
SATURDAY, SEPTEMBER 21 12 PM - 10 PM
SUNDAY, SEPTEMBER 22 12 PM - 8 PM

United Greek Orthodox Community of San Francisco, The Annunciation
Annunciation Cathedral
245 Valencia Street
San Francisco, CA 94103
415 864-8000

FREE ADMISSION

Authentic Greek Food, Live Greek Music & Dancing!
(Valet parking)

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