



Holy Pentecost

The Feast of Holy Pentecost is celebrated each year on the fiftieth day after the Great and Holy Feast of Pascha (Easter) and ten days after the Feast of the Ascension of Christ. The Feast is always celebrated on a Sunday.

The Feast commemorates the descent of the Holy Spirit upon the Apostles on the day of Pentecost, a feast of the Jewish tradition. It also celebrates the establishment of the Church through the preaching of the Apostles and the baptism of the thousands who on that day believed in the Gospel message of salvation

through Jesus Christ. The Feast is also seen as the culmination of the revelation of the Holy Trinity.

The story of Pentecost is found in the book of The Acts of the Apostles. In Chapter two we are told that the Apostles of our Lord were gathered together in one place. Suddenly, a sound came from heaven like a rushing wind, filling the entire house where they were sitting. Then, tongues of fire appeared, and one sat upon each one of Apostles. They were all filled with the Holy Spirit

see page 4



Thank you to our team of decorators
for a beautiful Kouvouklion!

SCHEDULE OF SERVICES FOR MAY 2025

SUNDAY, MAY 4

Sunday of Myrrh
Bearing Women
*Orthros 9am, Divine
Liturgy 10am*

SUNDAY, MAY 11

Sunday of the Paralytic
*Orthros 9am, Divine
Liturgy 10am*

SUNDAY, MAY 18

Sunday of Samaritan Woman
*Orthros 9am, Divine
Liturgy 10am*

WEDNESDAY, MAY 21

Saints Constantine and Helen
Divine Liturgy 10am

SUNDAY, MAY 25

Sunday of the Blind Man
*Orthros 9am, Divine
Liturgy 10am*

THURSDAY, MAY 29

Ascension
Divine Liturgy 10am

2025 Stewards as of April 28

Demetria Aleck
 Patricia Aleck
 Maria Allen
 George & Tessa Ambus
 Philippos & Dalia Athanasiades
 Annamaria & Robert Balian
 Nicholas Balian
 Bradley Banks
 John Bardis & Kathleen
 Courtney
 Constantine Barlas
 Anna Beresnev
 Peter & Katerina Cazanin
 Bryan Cheong
 Susan Condon
 Chris Contos
 Ethel Davies
 Anastasia Dekaristos
 Evangelos Dekaristos
 Nicholas & Stephanie Delis
 Kathy Dermitzakis & Nicholas
 Dermitzakis-Pittler
 Anirudh & Brittany Dhawan
 Brittany Dhawan
 Joanne Drogitis
 Nicholas & Janine Economides
 John Eliopoulos
 Anthony Elite
 Mia & Mike Fanourgiakis
 Evgenia Fkiasas
 George & Sophia Fonti
 Shareen & Spiros Fousekis
 Marianne & Charalampos
 Fragakis
 Michael & Sigrun Franco
 Brian Gardner
 David & Kathie Garibaldi
 Sophia Gasparatos
 John & Sophia Georgiadis
 Constantine & Joanne Glafkides
 Bonnie Grampsas
 Katie & Bob Grohs

Leo & Tiffany Haginicols
 Costas & Ria Haralambopoulos
 Barry Haslett
 Andrew Herrington
 Patrick Hillas
 Vicki Holloway
 Julian Johnson
 Katina Kallas
 Bill Karas
 Chris Karas
 Kathy Karas
 Michael Kasolas & Stella
 Pantazis
 Athanasios & Niki Kastoras
 Gari Katsanis
 James & Joanne Kavalaris
 Gianni Kefalas
 Sofia Kleftogianne & Jose
 Hernandez
 Michael & Georgette Klobuchar
 Deno & Bella Konstantinidis
 Nicholas Kontonis
 Angelos Kottas
 Angelo & Victoria Koutoulas
 Dina Koutoulas
 Patricia Koutoulas
 Pete & Stavroula Koutoulas
 Alexander & Elisavet Kozak
 John & Dina Kratsas
 Chris & Irene Kyriacou
 Rev Fr. Stephen & Pres. Vasiliki
 Kyriacou
 Stelios Kyriacou
 John & Magdalene Lampros
 Effie & Stephen Lawrence
 Ryan Lukehart & Marie Vorrises
 Lea & Bob Lyberopoulos
 Elaine Makras
 Thalia Makras
 Maria & Peter Manetas
 Eugenia Mantzoros
 Cynthia Marcopulos
 Kathryn & George Mares
 Helen Markanton
 George & Cleo Mattis

Mary Mavrakakis
 Aglaia Mavroudis
 Basile Mavroudis
 Tasso & Natalia Mavroudis
 Helen McClure
 Nektarios McKnight
 Irene Melitas
 Faye Mellos
 Michael & Christina Mithos
 Allyson Montgomery
 Helen Morales
 Robert Morales
 Tula Mouroufas
 Dean & Maria Nicolacakis
 Victor Nicolacakis
 Dustin Novo
 Matthew Nuris
 Teia Nuris
 Thomas & Liberty Nuris
 Alexander & Lula Ossipoff
 John & Helen Panomitros
 Peter Pantages
 Nicole & Petros Papageorge
 Sophia Papageorgiou
 Robert & Alma Papingu
 Voula Pappas
 Marion Parashis
 James & Vicki Parry
 Janis Petrou
 Pamela Piccinini
 Maria & Jason Polyzos
 Christina Poulakidas
 Dean Poulakidas
 Jennifer Poulakidas
 Sakee & Irene Poulakidas
 Despina Poulos
 Jim & Kelly Rakos
 Nick & Patty Rally
 Maria Ramos
 Evangelia Raptis Zarou &
 Andrew Zarou
 Jacob Reidel
 Jacob Riedel
 Emilia Sarikakis
 Mike Sarikakis & Katerina

Sarkikakis
 Demo Selianitis
 Helena Selianitis
 Louie Selianitis
 Sawsan Shatara
 Michele Siouris
 Archon Paul & Evangelia Sogotis
 Rose Sogotis
 Mike & Vicky Spachis
 Marios & Anastasia
 Stathopoulos
 Peter & Barbara Stephens
 Nicholas Svetcoff
 Joy Tamaras
 Helen & Tom Taptelis
 Nick Tarlson & Mauna Arnzen
 Jim Thomas
 Basil & Mary Tonas
 Aphrodite Tsagaris
 Eleni Tsagaris
 Irene Vafiadis
 Konstantinos Vafiadis
 Nickolas & Lourdes Varanis
 Foula Vasilogiorgis
 James & Maria Vavuris
 Aris & Kathy Vellis
 Gus & Meena Vellis
 Adrienne Verreos
 Angelo Vorrises
 Constantinos Vorrises
 Denis & Renee Vorrises
 George & Loula Vorrises
 Jim & Louise Vorrises
 Stephanie & Nanette Vorrises
 Denise Yeilding
 Bessie York
 Evanthia Zografos

Please check our List of Stewards and know we strive to be as accurate as possible, but mistakes do happen. Please write to **denise.yeilding@annunciation.org** with any corrections or problems. Thank you so much!



ANNUNCIATION GREEK ORTHODOX CATHEDRAL 2025 STEWARDSHIP COMMITMENT CARD

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 Spouse Name _____ Cell Number () _____
 Address _____ Email _____
 City _____ State _____ Zip _____ I prefer receiving communications via:
☐ Email ☐ Mail ☐ Both
 Names/ages of dependents _____

COMMITMENT

\$ _____ per week, month, year (circle one)

☐ Please bill my Mastercard Visa Amex (Circle card.) Card # _____ Exp. Date _____
 Security Code _____

Name as appears on card _____ Signature _____



HOPE News

HOPE would like to take a moment to sincerely thank all those who joined us for the Palm Folding event on Lazarus Saturday. It was a beautiful day of fellowship and preparation as we came together to fold palms for Palm Sunday.

This event was truly a combined effort. Thank you to all the dedicated members of our parish. It was heartwarming to see everyone working side by side, each person contributing their time and care to this meaningful tradition. We're so grateful for the spirit of community you helped create.

We are excited to announce that **Movie Night at the Cathedral is back by popular demand!** Please join us on **Friday, May 30 at 7:00 PM** at **Annunciation Cathedral** for a special showing of **A Minecraft Movie**.

This will be a fun and relaxing evening for our children, and **siblings are welcome** to join too. There is **no cost** to attend. We will set up a projector for a big-screen movie experience, and we will provide food, drinks, popcorn, and, of course, lots of candy to enjoy.

We encourage children to come dressed in whatever makes them comfortable. Pajamas are a great choice! **Just like last year, feel free to bring a blanket, sleeping bag, or pillow** to make the evening extra cozy.

To help us plan, please RSVP by **May 23** by emailing **natalia.mavroudis@annunciation.org**.

If you would like to register your **K-5 child** for our Cathedral's **HOPE ministry**, please also contact **natalia.mavroudis@annunciation.org** for more information.

We look forward to seeing everyone there for another wonderful evening of fun and fellowship!

JR GOYA Hosts “Self-Care and Spaghetti” Night Full of Fun, Skincare, and Fellowship

On Friday, April 4th, our JR GOYA members gathered for a unique and refreshing event centered around wellness and fun — Self-Care and Spaghetti! This special night gave our youth the chance to learn about the importance of caring for both their skin and their spirit, while also spending quality time together as a community.



The evening kicked off with an engaging and informative skincare session led by Melissa Mastrokyriakos, a talented esthetician who generously volunteered her time and expertise. Melissa presented an incredible program that was collaborative, interactive, and tailored just for our youth. She guided the children through proper skincare routines, demonstrated techniques for maintaining healthy skin, and even provided helpful tips for stress management and self-care.



The room buzzed with excitement as kids asked questions, tried out products, and learned how taking care of ourselves can be both fun and meaningful. Melissa's warm personality and knowledge made the experience memorable and uplifting for all.

After the skincare session, it was time to eat! The group enjoyed a delicious pasta dinner together — because nothing says comfort like spaghetti shared with friends. The evening wrapped up with laughter and joy as the kids danced, played on the dance mat, and enjoyed each other's company in a relaxed and joyful setting.

“Self-Care and Spaghetti” was more than just a themed night — it was a reminder to our youth that taking time for themselves, supporting one another, and nourishing both body and soul are vital parts of a faithful and healthy life.

We are so thankful to Melissa Mastrokyriakos for sharing her time and talents with us, and to all the volunteers who made the evening such a success. JR GOYA continues to be a place where friendships grow, faith deepens, and fun is always on the menu.

Philoptochos News

Philoptochos hopes that the great feast of the Resurrection of Jesus Christ brought you love and strength and that Easter Sunday was memorable with family and friends.



Easter Bake

Our Easter bake sale of tsoureki and koulourakia was a huge success. We can't thank the talented group of men and women who worked to take the orders, mix the dough, bake, and package the bread and cookies for purchase and pick-up. The community support for this sale was wonderful, exceeding past years. We sold out!!

Red Eggs

Thank you to the wonderful Philoptochos women who spent the day dying red eggs for the Anastasi celebration. Red eggs are a symbolism of the resurrection and a cherished tradition.

Kids n' Cancer

For nearly 40 years, Kids n' Cancer / Camp Agape has been a signature ministry for the Metropolis of San Francisco Philoptochos. This ministry is dedicated to providing support for children afflicted with cancer and their families. These children and their immediate families are invited to Camp Agape and offered an all-expense-paid camp experience. This offers an incredible opportunity to connect with other families sharing the same challenges and share a time



of renewal and hope along with the opportunity to shape meaningful friendships and create precious memories.

The Agape Celebration of Love is a yearly event to bring awareness to the ministry, participate in fundraising, fellowship together and meet Camp Agape families. This year the event was held on April 27th in Newport Beach. Our Annunciation Cathedral Philoptochos President Janis Petrou and Vice President Vivian Curd presented a check for \$10,000 to this worthwhile cause helping to make a difference in the lives of these young people and their families who deserve a brighter, cancer-free future. This donation was given in honor of Father Stephen Kyriacou for his encouragement, guidance and support of Philoptochos.

Mother's Day Luncheon and Fashion Show

The 63rd annual luncheon and fashion show will be held May 10th at Annunciation Cathedral. For reservations or information contact: grace.koutoulas@annunciation.org

from front page

and began to speak in other languages as directed by the Spirit (Acts 2:1-4).

This miraculous event occurred on the Jewish Feast of Pentecost, celebrated by the Jews on the fiftieth day after the Passover as the culmination of the Feast of Weeks (Exodus 34:22; Deuteronomy 16:10). The Feast of Weeks began on the third day after the Passover with the presentation of the first harvest sheaves to God, and it concluded on Pentecost with the offering of two loaves of unleavened bread, representing the first products of the harvest (Leviticus 23:17-20; Deuteronomy 16:9-10).

Since the Jewish Feast of Pentecost was a great pilgrimage feast, many people

from throughout the Roman Empire were gathered in Jerusalem on this day. When the people in Jerusalem heard the sound, they came together and heard their own languages being spoken by the Apostles (Acts 2:5-6). The people were amazed, knowing that some of those speaking were Galileans, and not men who would normally speak many different languages. They wondered what this meant, and some even thought the Apostles were drunk (Acts 2:7-13).

Peter, hearing these remarks, stood up and addressed the crowd. He preached to the people regarding the Old Testament prophecies about the coming of the Holy Spirit. He spoke about Jesus Christ and His death and glorious Resurrection.

Great conviction fell upon the people, and they asked the Apostles, "What shall we do?" Peter said to them, "Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit" (Acts 2:38-39).

The Bible records that on that day about three thousand were baptized. Following, the book of Acts states that the newly baptized continued daily to hear the teaching of the Apostles, as the early Christians met together for fellowship, the breaking of bread, and for prayer. Many wonderful signs and miracles were done through the Apostles, and the Lord added to the Church daily those who were being saved (Acts 2:42-47).

Annunciation Cathedral Honors Father Stephen Kyriacou with Courtyard Dedication and Palm Sunday Luncheon

On Sunday, April 13, 2025, we celebrated a momentous occasion, honoring the service and lasting legacy of Father Stephen H. Kyriacou with a special courtyard dedication and sold-out Palm Sunday Luncheon.

Father Stephen, who faithfully served as the Cathedral's Proistamenos from 1987 until his retirement in 2022, was recognized for his decades of spiritual leadership, steadfast commitment, and deep devotion to the Annunciation community. Parishioners, friends, and dignitaries filled the Cathedral Chapel to standing room only for the Hierarchical Divine Liturgy, celebrated by His Eminence Metropolitan Gerasimos of San Francisco, His Grace Bishop Ioannis of Phocaea, Father Angelo Pappas, and Archdeacon Justin Bosl. The overwhelming attendance reflected the profound impact Father Stephen has had on the community, as generations of parishioners gathered to honor the beloved spiritual father who helped shape the Cathedral's life and ministry over nearly four decades.

The Chapel, Courtyard, and Church Hall were beautifully decorated for the occasion, creating a warm and festive atmosphere that reflected the deep love and respect the community holds for Father Stephen. Every space radiated with care and joy, setting the perfect tone for the day's events.

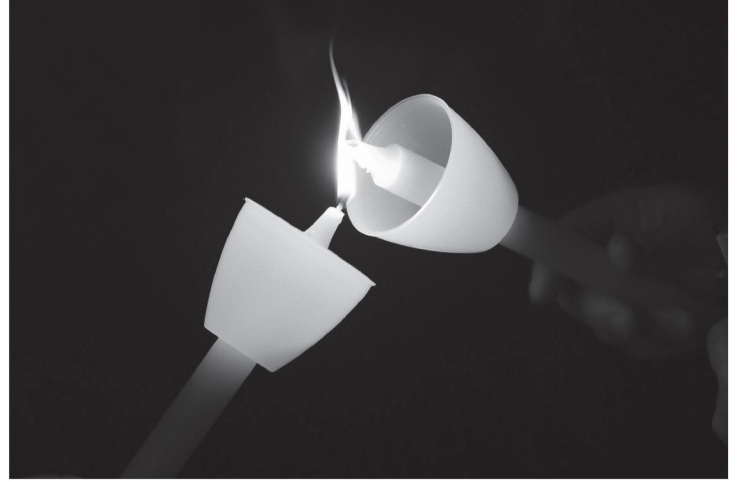
Following the Divine Liturgy, a heartfelt dedication ceremony was held in the newly named Reverend Father Stephen H. Kyriacou Courtyard. The courtyard stands as a lasting tribute to Father Stephen's tireless efforts to build both the physical and spiritual foundation of the Annunciation Cathedral, and to his vision for its future as a beacon of faith in the San Francisco Bay Area.

The celebration continued with a sold-out Palm Sunday Luncheon in the Church Hall. Attendees enjoyed a delicious meal prepared by dedicated volunteers, with proceeds supporting the Cathedral's Building Fund as construction efforts move forward.

Throughout the day, the Cathedral community celebrated the enduring legacy of a priest whose pastoral care and love for his parishioners continue to inspire. The dedication of the Reverend Father Stephen H. Kyriacou Courtyard marks not only the recognition of a beloved spiritual leader, but also a recommitment to building upon the strong foundation he laid for generations to come.



Holy Week 2025



Pascha And The Power Of Our Service

For over a year now we have been shopping at the food bank, cooking homemade meals, and serving our most vulnerable in our community with a smile and a welcoming heart. We had the honor of serving this month during Holy Week. We fed over 65 guests in the Kytherian room. As a proud descendant of Kythera, I celebrate the Kytherian people's long-standing tradition of generosity and community support, both on the island and within the global diaspora.



This period evokes profound spiritual contemplation, reminding believers of Jesus's journey of love, suffering, and redemption. While the neverending negative news cycle constantly reminds us of what is going wrong in our world, we can reflect inwardly and ask ourselves "what do I have control of? What can I do to make it a little bit better?" For myself and the other volunteers at Community Kitchen this is our corner of service to others.

In Matthew 25:31–46 Christ implores of us "Whatever you did for one of the least of these brothers and sisters of mine, you did for me." He identifies himself with the hungry, thirsty, stranger, naked, sick, and imprisoned. Serving them is serving Christ himself. Despite listening to sermons every Sunday, we remain uncertain about how to contribute and make a difference.

With a huge haul from the SF-Marin Food Bank thanks to our very generous volunteer John Lampros, we were able to serve a massive spread of food with homemade pasta sauce and custom Easter cakes for our guests. Our

music this week was neo-soul and we finished the night with a rowdy singalong of Man of La Mancha, a request one of our favorite guests Cory has been asking for over a year.

Our new outreach board members Allyson and Antony made huge headway in the local community and we expect our little dinner to grow in the coming months. Please see the attached photo of Blueberry, our favorite canine guest, with our new flyer caught out in the streets!



Basile was great fun and a Success, watch for exciting updates!



Men's Fellowship

Men's Fellowship – Save the Date: Our next Men's Fellowship gathering will take place on Thursday May 15th. Social hour will begin at 6:30 PM. Dinner and program will follow at 7:00 PM. These meetings provide a great opportunity for us to reconnect with our friends, our community, and our faith. If you plan to attend our next gathering, please email Jim Rakos at jim.rakos@annunciation.org to RSVP.

METROPOLIS OF SAN FRANCISCO SUMMERCAMP AT SAINT NICHOLAS RANCH

2025 SUMMER CAMP DATES

STAFF ORIENTATION: JUNE 30 - JULY 5

SESSION 1: JULY 6 - 12

SESSION 2: JULY 13 - 19

SESSION 3: JULY 20 - 26



WWW.GOSFYOUTH.ORG



If you are interested in helping and do not have the ability to physically volunteer on Tuesdays, please reach out to me and we can brainstorm!

A special thank you to our church leadership for allowing our most vulnerable guests to share the front entrance with our parishioners during Holy Tuesday service.

James 2:14-17 "What good is it, my brothers and sisters, if someone claims to have faith but has no deeds? Can such faith save them? Suppose a brother or a sister is without clothes and daily food. If one of you says to them, "Go in peace; keep warm and well fed," but does nothing about their physical needs, what good is it? In the same way, faith by itself, if it is not accompanied by action, is dead."

UNITED GREEK ORTHODOX COMMUNITY OF
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