



ANNUNCIATION CATHEDRAL HERALD



245 VALENCIA STREET, SAN FRANCISCO, CA 94103 • 415 864-8000 • FAX 415 431-5860 • E-MAIL office@annunciation.org

APRIL 2011

"For the Glory of the Lord Has Risen Upon You" – Easter Canon



Each year during Easter, we are privileged to enjoy many wonderful gifts with our families and loved ones- food, music, some time off of work, and most importantly, fellowship with one another. We come together and break the Lenten fast at church and in our homes by cooking traditional meals for Pascha that have been handed down for generations. We continue the tradition of cooking a lamb every year, while dancing to folk music and enjoying breaking bread with members of our families. Truly, we as Christians should always celebrate the Feast of Feasts in such a manner, celebrating as much as we can the joy and renewed spirit that comes from this magnificent season.

The Lord has truly blessed us in many ways.

"Shine, shine, New Jerusalem, for the glory of the Lord has Risen upon you." These words from the Canon of Pascha, which we chant at the *Anastasis* service, and which the priest reads in the altar at every Divine Liturgy, refer to a prophecy found in the book of Revelation, which refers to a "New Jerusalem," which will be formed at the Lord's Second Coming. This great, new city will be full of the Lord's glory, so bright and beautiful and shining as a beacon in the world, with the Triune God enthroned in it, having abolished evil entirely. As Orthodox Christians, we firmly hold that when Jesus Christ rose from the dead, He gave the world a taste of the heavenly splendor to come, a splendor which we celebrate and taste each time we celebrate His holy Pascha, the Feast of Feasts.

These words underline a belief that has sustained us as Christians for 2,000 years, and will do so forever- the belief that Jesus Christ, through His Crucifixion and Resurrection has destroyed death once and for all, and that those who believe in Him have no reason to be afraid of death. Let us remember that He did not give His life and this heavenly splendor merely for His followers who lived in the first century Mediterranean world, nor simply for His priests, kings, or monastics, but for each and every person- for you and for me.

When we celebrate Easter each year, the true reason we celebrate is sometimes easy to forget. To be sure, the Lord Himself rejoices when we celebrate each year with our wonderful traditions and families. Amidst that rejoicing this year (and, it should be noted that this feasting should last 40 days, not merely

1 day), let us always, at the forefront of our minds, remember that we are celebrating the ultimate act of love, the ultimate act of sacrifice, which separates our belief in our God from all other faiths- that our God *Himself* came down to give His life to save us from sin and death. In following and believing in Him, we too will have eternal life with Him.

WILL YOU BE AN AMBASSADOR FOR OUR CHURCH?

As everyone at the Annunciation Cathedral knows, a Capital Campaign to raise money to build the Cathedral church is quietly getting off the ground. In preparation for this, **Father Anthony Scott** of Stewardship Advocates, who is helping us coordinate the Campaign, has written in the November and December issues of the *Herald*. Upon his recommendation, articles will appear from time to time, written by individuals who have given to the Campaign, or who are otherwise involved with the Campaign. One of these individuals is **Alex Moulinos**, whose article on giving appeared in the February *Herald*. Another is **Tom Papageorge**, whose article on his connection with the Annunciation Cathedral was printed in the March *Herald*. In this current edition, we are pleased to feature **Tom Nuris'** article, entitled "Will You be an Ambassador

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for our Church?" Tom is a co-chair of the Capital Campaign Committee. In addition to serving on the Committee, members also lead by example. This includes members of the Parish Council, and also the Cathedral Philoptochos President, who serves on the Capital Campaign Committee. All have made their pledge to the Capital Campaign, and all will do what they can to see to it that our dream of building the Cathedral church, to the glory of God, becomes a reality.

WILL YOU BE AN AMBASSADOR FOR OUR CHURCH??

AMBASSADOR - noun

1 a diplomat sent by a state as its permanent representative in a foreign country;

2 a representative or promoter of an activity.

ORIGIN - Italian ambasciator, from Latin ambactus 'servant'

After seeing the above definition, (noting the Latin and not Greek origin) you may wonder why the Cathedral would need Ambassadors and further why you are being asked to serve.

While the Annunciation is not a State dealing with foreign countries, it is a Community of people, including you and me, needing promotion of its activities in order to be successful. Fortunately, we are a vibrant, dynamic Community having a great number of activities that enjoy the support of our members and which are very successful.

In keeping with this high level of commitment, it is now time for all of us to embrace and promote the most challenging activity our Community has faced in many years - the building of our Cathedral Church. It is for this goal that you are now asked to become an Ambassador - a representative or promoter of this most worthy activity of our Community.

You may ask what will be expected if I agree to become an Ambassador. There are three things that you can do and which will give an enormous boost to our Building Campaign.

First, you will proclaim your support for our project by having your name added to the list of other Ambassadors which will be displayed in places such as "The Herald" and on the portion of the Parish website devoted to the Cathedral Building Project. This simple act will demonstrate strength in numbers and unity in support of our goal. Everyone is welcome and everyone is needed.

Second, you will allow the Capital Campaign Committee and the Parish Council to send you regular updates on the progress of the building and fund raising projects so you will be informed as to our current status and recent successes. Communication and the sharing of information is essential to the success of our goal and feedback from you with your suggestions or ideas, will be most welcome.

Third, you will be encouraged to share the information you receive with others who are interested or whom you feel need to know about our project. Information can be shared in many ways - on Sundays at coffee hour after Church or when gathered with family and friends in your home or at other places. By sharing this good news you can promote our project and encourage others to become Ambassadors as well.

As members of the Annunciation Cathedral, we are presented with the rare opportunity and challenge of building a church, dedicated to the Glory of God - an honor that is not afforded to many.

I am asking you now, as the President of our Community, to join me together with your Clergy and parish leadership to step up and become Ambassadors so together we can take up the challenge and make this vision a reality by building our Cathedral Church that will stand for generations to come.

You can become an Ambassador today by filing out the form below and returning it to the Cathedral office by mail or fax (415-431-5860). You can also become an Ambassador by sending an e-mail directly to me at tnuris@aol.com or to Father Stephen at dean@annunciaton.org. If you do not have e-mail access, please call me at 650-755-9750 or Father Stephen at 415-864-8000. We really want to hear from you.

A Parish General Assembly will be convened after Liturgy on Sunday, April 3, 2011. At that time, I will make a report on the Building Project and will specifically report on the "Ambassador" project. Please join us today as an Ambassador so my report on April 3rd will be an inspiring confirmation and validation of our steadfast commitment to our Church.

Thank you - Tom Nuris



I/WE, GLADLY WISH TO BECOME AN AMBASSADOR OF THE ANNUNCIATION CATHEDRAL BUILDING PROJECT AND BE LISTED AMONG OTHERS WHO ALSO ACCEPT THIS HONOR.

NAME: _____ EMAIL: _____

ADDRESS: _____ PHONE: _____

CELL: _____ Check if you prefer info by e-mail _____

NAME: _____ EMAIL: _____

ADDRESS: _____ PHONE: _____

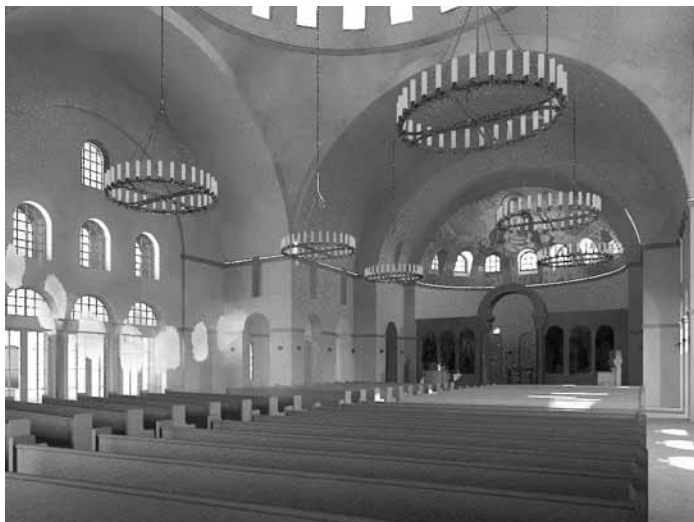
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NAME: _____ EMAIL: _____

ADDRESS: _____ PHONE: _____

CELL: _____ Check if you prefer info by e-mail _____

FREQUENTLY ASKED QUESTIONS CONCERNING THE ANNUNCIATION CATHEDRAL BUILDING CAMPAIGN



Interior view: looking east toward the icon

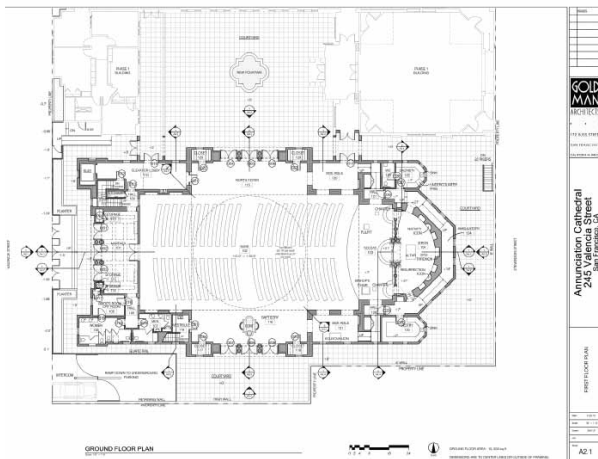


Exterior view from the courtyard

As has been noted, the Annunciation Cathedral is beginning its Capital Campaign. The Capital Campaign Committee has, so far, organized a number of events open to the community. Events like Parish Assemblies and, more notably, the reception given by **Metropolitan Gerasimos** (with many more events to follow) have as part of their purpose the dissemination of information and the answering of questions.

The Committee has developed a list of sixteen (16) such questions, which are either anticipated or are, or have been, asked by various parishioners and friends of the Cathedral. At the same time, it has provided answers to these questions. Each month, two questions and answers will appear in the monthly *Herald*. The Cathedral has also posted these to its web site, www.annunciation.org and, for the benefit of Greek-speaking members, has printed out the questions and answers in Greek. Below are questions #5 and #6, and the answers to them (#3 and #4 appeared in the March *Herald*). Please read through them and, should you require any additional information, please contact us, at 415 864-8000. Thank you.

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Floor plan of the Cathedral with a level of parking below



Exterior view, looking east from Valencia Street

5. Why have you chosen the present plan?

The present plan is a fine-tuning of that which has been shown in the model since the Parish adopted the two-phase approach to building in May of 1992. The model shows the future Cathedral, with below-grade parking; it is located in the vestibule, just off the Valencia Street entrance, below the donor wall.

6. How much will the project cost?

The estimate provided by Nibbi Brothers, which has been engaged by the Cathedral to provide pre-construction services, is \$12 million. This includes the parking, the Cathedral, the resurfaced courtyard space, external fountain, and interior furnishings such as cabinets, pews, the Iconostasion, chanters' stands, bishop's thrones, pulpit and altar table, but not iconography. The estimate includes plastered interior surfaces, which alone are estimated to cost \$1 million. The final cost will be known when the contract is negotiated or sent out to bid, as the Parish Council will determine, according to the prevailing economic climate. People in the construction business have said that, were the Cathedral to be built in 2010, a negotiated/bid contract could be obtained for \$1-\$2 million less than the estimates given.

CATHEDRAL FAMILY'S HEARTS AND PRAYERS GO WITH THE PEOPLE OF JAPAN; PLEASE PONDER ECUMENICAL PATRIARCH'S MESSAGE

In the wake of the devastating earthquake, tsunami, and nuclear reactor malfunction which have brought much suffering to the people of Japan, the Cathedral community has offered prayers and material support. Monies raised from a special collection on four successive Sundays are being sent to IOCC (International Orthodox Christian Charities). This organization has a proven track record around the world for the timely and substantial assistance which it is able to impart.

A most timely message was issued by **His All-Holiness Ecumenical Patriarch Bartholomew** in the aftermath of the initial explosion at the Fukushima nuclear power plant. We reprint it here both because, as the message of the leader of world Orthodoxy, it conveys the support of all Orthodox faithful, but also because His All-Holiness, known as the

"Green Patriarch," makes a poignant statement about the need of the world to develop "green" sources of energy, rather than rely on nuclear energy. We applaud His All Holiness on taking this bold stand.

It is with burdened and painful heart that the entire world is witnessing the drama of the tragic earthquake, which over the last days has afflicted Japan and cost numerous lives of our brothers and sisters. Moreover, it is with much anguish and sorrow that we behold the related devastation in the Land of the Rising Sun as well as in other nations of the Pacific. Every corner of the planet is offering prayers both for the repose of the departed souls and for the support of those who continue to be grieved and imperiled by the ensuing seismic tremors and ferocious tsunami. Lamentably, yet another calamitous consequence has

struck the region with the explosion of the nuclear plant at Fukushima, rendering still more frightening the recent nightmare in Japan. The disastrous ramifications of this event will become more evident over the next days. Of course, with regard to the earthquake, no human response is adequate. The causes and results eclipse human words. Nevertheless, with regard to the explosion of the nuclear reactor and the aftermath of a nuclear adversity, there is indeed a response that we are called to make. With all due respect to the science and technology of nuclear energy and for the sake of the survival of the human race, we counter-propose the safer green forms of energy, which both moderately preserve our natural resources and mindfully serve our human needs. Our Creator granted us the gifts of the sun, wind, water and ocean, all of which may safely and sufficiently provide energy. Ecologically-friendly science and technology has discovered ways and means of producing sustainable forms of energy for our ecosystem. Therefore, we ask: Why do we persist in adopting such dangerous sources of energy? Are we so arrogant as to compete with and exploit nature? Yet, we know that nature invariably seeks revenge. From the Ecumenical Patriarchate, we raise fervent prayers for our beloved Japanese people for the trial and tribulation it currently faces, while at the same time passionately appeal to all those responsible for a reconsideration of the nuclear policy of nations throughout the world.



OFFICIAL: PARISH ASSEMBLY SUNDAY APRIL 3

Members of the Cathedral, who are in good standing, are invited to participate in the Cathedral's first Parish Assembly for 2011. The Assembly will be convened following the Divine Liturgy. The Assembly is scheduled to last about an hour. The agenda for the meeting is as follows:

Opening Prayer

1. Election of Assembly Chair
2. Secretary's Report: Minutes of October 17, 2010
3. Treasurer's Report
4. Stewardship Report
5. Youth Report
6. Parish Committees/Parish Life Report
7. Report of Board of Auditors
8. Phase II
 - a. Architectural Plans/Permit Progress
 - b. Capital Campaign
9. Election of Nominating Committee for Parish Council Elections (Elections to be held Sunday, December 11, 2011)
10. Election of representatives to Metropolis Clergy-Laity (To be convened at St. Nicholas Ranch and Retreat Center May 16-17, 2011)
11. Old Business
12. New Business

Closing Prayer

Please note: "members" of the Cathedral are those who are contributing stewards of the parish, and who are current with respect to their financial support of the parish. "In good standing" means adherence to the tenets of the Orthodox Faith. Both are defined more fully in the Regulations of the Greek Orthodox Archdiocese of America (2005), Article 18, pages 33-34.

A quorum for the purposes of enacting business is either 12 members of the Parish Council, 12 other parishioners in good standing, and the Dean of the Cathedral or, if there are fewer than 12 members of the Parish Council present, a total of 75 parishioners, plus the Dean of the Cathedral.

GODPARENT'S SUNDAY APRIL 10

As every year, so, too, this year the Cathedral is observing "Godparent's Sunday." The event at the Cathedral is held the Sunday before Palm Sunday. It consists of Godparents inviting their Godchildren and Godchildren inviting their Godparents to worship together during the Divine Liturgy and to receive the Body and Blood of Christ, in Holy Communion, together, thereby renewing the spiritual relationship which exists between them. Prior to coming up for Holy Communion, together, they recite their baptismal vows: Do you/have you renounce(d) Satan? They reply: We do/we have. Do you join/have you joined Christ? They reply: We do/we have. A Lenten meal follows, in the Community Center and, thus, we embark upon Holy Week that much more uplifted, that much more spiritually "fed." So, then, do plan to be with us on Sunday, April 10, when the Cathedral observes "Godparent's Sunday."

PHILOPTOCHOS NEWS

Memorial/Artoclasia

As we done in past years, our annual Philoptochos Memorial/Artoclasia is scheduled for Sunday, April 3, 2011 and we are asking that all Philoptochos members make plans to attend church services on this day. This is to honor all of the hardworking and dedicated Philoptochos members that have past on. We will also sponsor the coffee hour.

On this day, we will also be conducting a membership drive to recruit new members. A new very informative Philoptochos brochure which has just been developed will be handed out.

In addition to all of the above, we will also be selling tickets for the upcoming Mother's Day Luncheon & Fashion Show.

52nd Annual Mother's Day Luncheon & Fashion Show

"Hello Dolly" is the theme for our upcoming 52nd Annual Mother's Day Luncheon & Fashion Show which will be held on Saturday, May 7, 2011. The committee has been formed and they are working very hard to present one of the best Mother's Day events ever. We promise you an afternoon with a lovely luncheon, fabulous fashions, and great entertainment. Please gather your friends and save the date to attend an unforgettable event. Anyone who desires to be on the committee, please see **Irene Kyriacou** or **Angie Leventis**.

Easter Bake

Join us as we bake the following items, in preparation for Easter:

Koulourakia	Friday, April 8
Colored Red Eggs	Monday, April 18
Tsourekia	Thursday, April 21

The times are 9 a.m. to 5 p.m. We assemble in the Cathedral's "Philoptochos" kitchen.

Note: In addition, on Thursday, April 21 in the afternoon, we will need 2 people to pack the orders which will be given out on Good Friday, April 22.

The Annunciation Cathedral

Ladies Philoptochos

Presents

The 52nd Annual Mother's Day Luncheon & Fashion Show



Saturday, May 7, 2011

11:00 Reception - 12:30 Lunch

*Donation: Adults \$50 Children
10 & under \$20*

Annunciation Cathedral

245 Valencia Street, San Francisco, CA

Attended parking available

For more information, please contact:

Annunciation Cathedral 415.864.8000

PHILOPTOCHOS CALENDAR OF EVENTS

Please make a note of the following Philoptochos activities, through May, 2011:

Thursday, April 14	1:00 p.m.	General Meeting
Holy Week: Baking of Paschal Breads, Dying of eggs, as noted on previous page		
Sunday, April 24		Holy Pascha
Saturday, May 7	11:00 a.m.	Mother's Day Luncheon
Thursday, May 19	1:00 p.m.	Elections for 2011-13 term

THE IMPORTANCE OF COMMUNITY LINK

One of the greatest programs offered by the Cathedral is the one which is called Community Link. We call it "one of the greatest" because it is at the heart of what we are about, as the Church of Christ: linking ourselves, in the community of the Church, to Christ, and to one another. Members of Community Link simply go out and visit hospitalized, institutionalized, home-bound, or otherwise incapacitated Orthodox Christians. By visiting, they are helping share God's love. They are, in fact, declaring, "we care for you...we miss you...we love you...you are in our thoughts and prayers." Community Link supplements the work that the clergy perform when

they go out and distribute Holy Communion to these individuals. We cannot tell you how thankful we are for Community Link and for the vital ministry it offers. Consider "linking" yourself to this ministry. Communicate with **Caroline Pappajohn**, who has headed the program since its inception. Her contact information is, carolinepappajohn@gmail.com

Community Link will meet next on Saturday, April 16, beginning at 9am. Please join us as we visit homebound parishioners (most of whom rarely receive visitors) and tell them we care. Just seeing them light up when they see people from the Church makes it all worthwhile. Just think: with a brief

visit to them, they receive comfort and hope and, above all, reassurance of God's love. We invite you to join us.

Dates for Community Link this year:

April 16 (note: this is Lazarus Saturday, so Community Link will take place after Divine Liturgy)

May 21 (Sts. Constantine and Helen feast day)

June 18

July 16

August 20

September 17

October 15

November 19

December 17



P O Box 546, San Francisco, CA 94104
www.humanitieswest.org 415 391 9700

Humanities West cordially invites you to attend a two-day event on Minoan Crete. On Friday, the presentation will be offered by **Xenia Stefanidou**, ambassador of Greece to the Philippines, known to us Consul General of Greece in San Francisco, and friend to the Annunciation Cathedral Community. The second presentation will be offered by **Ian Morris**, professor of Classics at Stanford University. Both events, along with the particulars, are described below:

A prosperous and powerful maritime society flourished on Crete from ~2700 to ~1400 BCE. Around 17th-16th century BCE a devastating volcanic eruption at nearby Thera (Santorini), followed by a tsunami, destroyed the Minoan navy and economy, triggering the gradual collapse of this

Bronze Age civilization. Egyptian records, paintings of Cretans bearing gifts to the Pharaoh, and Minoan paintings found in Egypt testify to this brilliant culture. The magnificence of its art and architecture and the sophistication of the urban culture of Knossos were not rediscovered until archaeologist Sir Arthur Evans excavated Knossos from 1901-1930. Archaeological finds in Crete and Santorini showcase Minoan Crete as a flourishing sea empire until a shift in power transmitted and transformed Minoan culture onto the European continent and into the palatial empire of the Mycenaeans.

In collaboration with the **Consul General of Greece, Center for Modern Greek Studies and Classics Department at**

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SF State University, and UC Berkeley. With support from the George and Judy Marcus Family Foundation, Grants for the Arts/SF Hotel Tax Fund, Bank of the West, Institute of European Studies at UC Berkeley. **Moderator: Kim Shelton** (Director, Nemea Center for Classical Archaeology, UC Berkeley).

Friday, April 29, 2011, 8:00 to 10:15 pm

Opening Remarks. **Hon. Ioannis Andreades** (Consul General of Greece in San Francisco), and **Kim Shelton**

Excavating in Santorini. **Hon. Xenia Stefanidou** (Ambassador of Greece to the Philippines) reflects on her experience excavating ancient archeological sites on Santorini.

Knossos and the Making of Minoan Civilization: a Century of Bronze Age Archaeology. **Eleni Hatzaki** (Classics, University of Cincinnati). In 1900, British archaeologist Arthur Evans began excavating the largest prehistoric building in Crete and the Aegean, which he named *Palace of Minos* at Knossos. The unparalleled craftsmanship of local and imported material culture, combined with Evans's definitive scholarship, has much shaped our understanding of Europe's first civilization. Professor Hatzaki explores, critiques, and evaluates 100 years of Knossian and Minoan archaeology in the context of Bronze Age Crete, the Aegean, and the East Mediterranean.

Performance. Mezzo soprano **Lauren Groff** performs Monteverdi's "Lamento d'Arianna," the aria from the lost opera *Arianna*, and Haydn's solo cantata "Arianna a Naxos," accompanied by **Allen Perriello**. Introduced by **Clifford (Kip) Cranna** (SF Opera).

Saturday, April 30, 2011, 10:00 am to noon and 1:30 to 4:00 pm

Explaining the Minoan Miracle. **Ian Morris** (Classics and History, Stanford University). Minoan Crete was an amazing place: between 1800 and 1600 BCE its people ate better, lived longer, and inhabited bigger, more comfortable houses than Cretans ever had before or would have again for centuries. Why? By looking at Minoan Crete against the background of other moments when ancient Greeks lived unusually well (particularly 600-300 BCE and 400-600 CE), we see the answer—geography. The Aegean world began each of these eras as a backwater on the fringes of a more dynamic core in the east Mediterranean. As the core expanded, the Aegean world was drawn in, setting off economic and cultural explosions from its advantageous position on the periphery. Similar growth has happened throughout history, not least to northwest Europe and then North America after about 1600 CE. Only by looking at

the Minoan Miracle in a global framework can we make sense of what happened there--and gain a whole new way to see our own times.

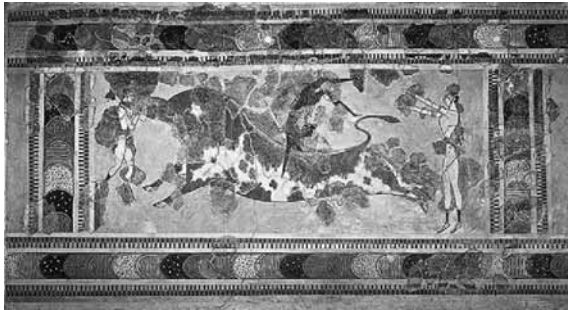
The World of Minoan Art: Sacred Landscapes and Nature; Gods and Man; Daily Life and Epic. **Vance Watrous** (Art History, SUNY Buffalo). During the Late Bronze Age (1700-1400 BCE), the civilization of Minoan Crete was part of an international era that included the entire Eastern Mediterranean--the Aegean, Levant and Egypt. Famous as craftsmen, Cretan artists created wall paintings, jewelry, vases and seals. Of exquisite quality, this art still has the power to affect us. Minoan seafarers traveled widely and absorbed the artworks they saw in their journeys. Details in their art were clearly derived from the Near East, especially from Egypt. Nevertheless, when we turn from the art of Egypt and the Levant to Crete, nothing prepares us for what we see. We pass into a land of enchantment, into a world that is sensuous, alive, full of wonder and spirituality. Minoan art depicts landscapes and nature as well as gods and man, and epic themes of war and peace in which we can detect the very beginnings of Western art.

Plato's Myth of Lost Atlantis. **Andrew Jameson** (Emeritus, History, Harvard University and UC Berkeley). Lost Atlantis, one of the most exasperating mysteries of human history, was born in the mind of Plato. In two dialogues, *Timaeus* and *Critias*, Plato originated the idea, the legend, and the mystery of an advanced civilization "destroyed by a huge natural catastrophe." Since antiquity many have tried to find Atlantis and date its destruction. The search has involved many disciplines: geology and archeology, ethnology and linguistics, mysticism and occultism, and the natural and psychological sciences. Ever since Greek archaeologist Spyridon Marinatos proposed in 1939 that the Bronze Age eruption of Santorini was responsible for the demise of the Minoan Crete civilization, geologists and archeologists have studied volcanic eruptions there, leading some to conclude that Santorini is the antecedent of Plato's Atlantis. Thousands of works have been written about Atlantis in the scientific literature and in bestsellers of popular science, much of it characterized by myth, legend, and fantasy. Lost Atlantis has become a legendary symbol of the human search for a lost "cradle of human culture."

The End of the Minoan Story and the Beginning of the Mycenaean. **Kim Shelton** (Classics; Director, Nemea Center for Classical Archaeology, UC Berkeley). The Mycenaean Greeks rose to power on the mainland and in the Aegean during and after the collapse of the Minoan civilization. The interaction between these two cultures helped define not only the nature of the Late Bronze Age in the Aegean

but also the legacy of prehistoric and pre-Hellenic civilization to the later Greeks of the historical period. The Mycenaeans lived at Knossos before its destruction in the middle of the 14th century BCE. Mycenaean art and society were strongly influenced by Minoan culture at several

essential phases, while the concept of "Mycenaean" Crete and what that means for our understanding of the Minoans themselves and the implications for the first Greeks on the mainland as they develop into a palatial empire is the end of one fascinating story and the beginning of yet another.



Minoan Crete:

The Dawn of European Civilization

April 29 and 30, 2011

Herbst Theatre, 401 Van Ness, San Francisco

Tickets: City Box Office 415 392

4400 or www.cityboxoffice.co

FOCUS ON YOUTH

Youth News- APRIL 2011

JOY

After a break in February for FDE, our Cathedral JOY group has once again resumed activities and is going strong! Our last meeting was held March 8 at the **Sogotis** home. There, the kids played games, had pizza, and participated in a discussion with **Deacon Niko** on Great Lent as a spiritual exercise, using clips from the movie "The Mask of Zorro." Eleven children were in attendance, which is consistent with what we have had each month since last fall, when the group was started.

This month, we are considering going to a Giants game for our April meeting! More details to come. Thanks to all our parents who have contributed in making our JOY group so successful!

A reminder that JOY (Junior Orthodox Youth) is open to all children between grades 3-6, and is held the first Tuesday of every month.

GOYA

Our Cathedral GOYA also resumed in March after a brief hiatus in February. The evening of March 21, our GOYA group met at the Cathedral and had pizza, followed by games of volleyball and basketball. Eighteen GOYAns came, in all, thanks in large part to the efforts of our 2010-2011 GOYA leaders, **Harry Misthos** and **Katerina Loufas**.

For April, our GOYAns are planning a lock-in at the church the evening of April 15 into the morning of April 16, the Saturday of Lazarus. Tentatively, the program for that event would consist of dinner, games, and a discussion on Friday, then liturgy for the Saturday of Lazarus the next morning, followed by a hot breakfast and tying palm crosses. Last year's lock-in was well-attended and a great time, and we hope to continue the fun, faith and fellowship of this GOYA ministry this year, as well.

GOYA (Greek Orthodox Youth of America) is open to all young people between grades 7-12, and is typically held the third Monday of every month.

GOYA (Greek Orthodox Youth of America) is open to all young people between grades 7-12, and is typically held the third Monday of every month.

Young Adults

March was also a busy month for our Cathedral Young Adult group! The month marked the completion of two years of monthly young adult dinners, and to celebrate, an anniversary young adult dinner was held at the Cathedral on the evening of March 25, following the Third Service of Salutations to the Theotokos. The dinner (the cost of which was very generously underwritten by an anonymous donation) was catered by Pera Mediterranean food, and a slideshow showing pictures of young adult events of the last two years was shown. In all, over thirty young adults came to pray together and celebrate the milestone that evening. Also, we warmly thank **His Eminence Metropolitan Gerasimos** and **Father Stephen Kyriacou** for their participation at the event and for their support of this ministry.

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Our Cathedral young adult group meets the last Thursday of every month for a dinner somewhere in the city, as well as the second Thursday of every month (schedule permitting) for a social event of some kind, and is open to all young adults between the ages of 18-35.

All are welcome to attend any of our youth programs! If you or a young person you know would like to attend any future youth group events, please don't hesitate to contact **Deacon Niko Bekris** at deacon@annunciation.org, or visit the "Youth of Annunciation Cathedral San Francisco" Facebook group page.



What a great finish to a wonderful basketball season! THANK YOU Coaches Chris and Tom for another really fun and rewarding year!

SUNDAY SCHOOL KORNER

Sunday School is happy to announce that, beginning June 2011, it will be offering a Scholarship to a college student in memory of Andrew and Effrosine Vellis. Mr. & Mrs. Vellis were instrumental in keeping our community together during our transition years and beyond. Their determination to take on our coffee hour & Sunday School kept Annunciation strong. Every week Mr. Vellis made our coffee and Mrs. Vellis not only taught second grade for more than 40 years, but for many years she kept the bank accounts and headed up the fundraising for Sunday School. If you grew up at Annunciation Cathedral, chances are you had Mrs. Vellis teach you, and possibly even your children. We are at the half way point in raising money for this Memorial Scholarship fund. Please consider a donation in their memory. Our goal is to raise all the funds needed by June 2011. Please complete the form below, and bring it or mail it to the Annunciation Cathedral, 245 Valencia Street, San Francisco, CA 94103, and mark it: Andrew and Efrosine Vellis Memorial Scholarship.

Checks may be made out to: Annunciaton Catheral. Please note on the check: Vellis Scholarship.
Thank you.

Donation to the Andrew and Efrosine Vellis Memorial Scholarship

I am happy to donate _____ in honor of Andrew and Efrosine Vellis .

Name: _____

Address: _____

The monies donated will fund a scholarship to be awarded annually to a college student from Annunciation Cathedral who attended Sunday School.

May their memory be eternal.

Please note the Sunday School schedule for the remainder of the 2010-2011 school year:

- 4/3 Regular classes (Angel sign-up for Holy Week)
- 4/10 Regular classes (Angel sign-up continues)
Deadline for applications for Vellis Scholarship
- 4/16 Saturday of Lazaros; all youth participate in palm tying
- 4/17 Palm Sunday (Class photos will be taken.)
- 4/21 Volunteers gather for TGI Pascha set-up, 6 p.m. (end by 9 p.m.)
- 4/22 Holy and Great Friday: TGI Pascha, 9 a.m. – 2 p.m.
- 4/24 Pascha. No Sunday School.
- 5/1 Regular classes held.
- 5/8 Regular classes held (Mother's Day)
- 5/15 Regular classes held
- 5/22 Regular Classes held
- 5/29 Memorial Day Weekend. No Sunday School.
- TBA Sunday School Graduation ceremony and luncheon
Awarding of first annual Vellis Memorial Scholarship

VARSITY BASKETBALL NEWS

This year, the Annunciation Cathedral is sponsoring five teams. These consist of three adult men's teams, and one high school girls team, as well as one high school boys team. The games are typically played on Sundays, as well as on Wednesday evenings. Practices are held on Mondays, Wednesdays (when games are not scheduled) and Thursdays. The season will conclude with Playoffs and Championship Games the third week in May.

Players and coaches are expected to be members in good standing of the Annunciation Cathedral, in accordance with OYAA rules and parish policy. "In good standing," as generally defined in the Archdiocese Regulations, includes worshipping regularly, living according to the precepts of the Greek Orthodox Faith, and pledging to support the work of the Church by means of stewardship.

Breakfast is one of the most neglected meals, yet it is important because it takes place at the beginning of the day. During those hours the family often seems to be simply running a relay race, to get everyone ready in time for work or school. Nonetheless, apart from morning prayer, which goes without saying, it would benefit children to begin the day with even five minutes' experience of their mother's and father's concern, love, and interest in what everyone is going to do that day. When a child leaves for school the mother can bless him, or pray: "God bless" or "the Mother of God be with you." All this does not only further psychological security; it is a safeguard against any negative influences the child may meet, and it is a link between the two worlds of home and school.

Sister Magdalen

Children in the Orthodox Church Today



WOULD YOU BE INTERESTED IN GOING TO GREECE FOR SUMMER CAMP? (HOW ABOUT RUSSIAN RIVER?)

This year, in addition to the well-known and popular Ionian Village summer camp program for youth ages 13-18, two new programs have been added: *Journey to Pascha*, open to adults, families, and young adults ages 19 and over, and the highly anticipated return of *Spiritual Odyssey*, for young adults ages 19-28. Registration for all programs is now open and can be completed online at www.ionianvillage.org. Please note the Ionian Village web site also contains detailed information for youth leaders, parents, campers, and staff applications.

Information about the Cathedral's summer camp program at Russian River will appear in the May and June issues of the Herald. The May issue will also have information about the Cathedral's scholarships to those pursuing higher education.

A P R I L C A L E N D A R

SUNDAY	MONDAY	TUES- DAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
						Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
3	4	5	6	7	8	9
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m.		Dance practice, 7 p.m. to 9:30 p.m.	Basketball practice/games 7 p.m. to 9:30 p.m. Presanctified Liturgy, 10 a.m.	Basketball practice, 7 p.m.	Akathist, 7 p.m.	Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
10	11	12	13	14	15	16
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. Godparents Sunday		Dance practice, 7 p.m. to 9:30 p.m.	Presanctified Liturgy, 10 a.m., Capital Campaign Committee 6 p.m., Parish Council 7:30 p.m. Basketball practice/games 7 p.m. to 9:30 p.m.	Philoptochos Meeting, 1 p.m. Basketball practice, 7 p.m.		Saturday of Lazaros, Liturgy, 10 a.m., followed by palm tying Community Link, following Liturgy Greek School, 10 a.m. Eritrean School, noon to 2 p.m.
17	18	19	20	21	22	23
Orthros 9 a.m., Divine Liturgy 10:30 a.m. Class on Orthodoxy 9 a.m. Sunday School 10:30 a.m. Dance practice 12-1 p.m. Nymphios Service, 7 p.m.	Nymphios Service, 7 p.m.	Nymphios Service, 7 p.m.	Holy Unction, 7 p.m.	Vesperal Liturgy, 10 a.m. The 12 Gospels, 7 p.m.	The Great Hours, 10 a.m. Descent from the Cross, 1 p.m. Lamentations, 7 p.m.	Greek School, 10 a.m. Eritrean School, noon to 2 p.m. Vesperal Liturgy, 7 a.m. Paschal Vigil, 11 p.m. ANASTASIS, midnight
24	25	26	27	28	29	30
Agape Vespers, 11 a.m.	St. George, Liturgy, 10 a.m.	Dance practice, 7 p.m. to 9:30 p.m.	Basketball practice/games 7 p.m. to 9:30 p.m. Agape Dinner	Basketball practice, 7 p.m.	Life Giving Fountain, Liturgy, 10 a.m.	Greek School, 10 a.m. Eritrean School, noon to 2 p.m.



ΓΕΝΙΚΗ ΣΥΝΕΛΕΥΣΗ ΣΤΙΣ 3 ΑΠΡΙΛΙΟΥ

Καλούνται τα μέλη του Καθεδρικού Ναού όπως παρευρεθούν και λάβουν μέρος εις την πρώτη συνέλευση των μελών την Κυριακή 3 Απριλίου μετά από τη Θεία Λειτουργία.

Τα θέματα συζητήσεως, αφού πρώτα γίνει προσευχή και εκλεγεί ο πρόεδρος της συνελεύσεως είναι:

--Τα πρακτικά της Γενικής Συνελεύσεως της 17ης Οκτωβρίου, 2010

--Οικονομικός υπολογισμός ταμίου

--Αναφορά επιτροπής stewardship

--Αναφορά επιτροπής νεολαίας

--Αναφορές διαφόρων επιτροπών κοινοτικής ζωής και δράσης

--Δεύτερη φάση της οικοδομής ναού

--Κληρικο-λαϊκής Συνελεύσεως της Μητροπόλεως, 16-17 Μαΐου

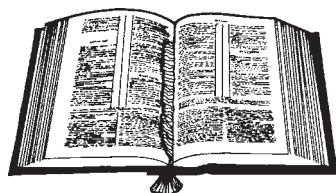
--Εκλογή ονομαστικής επιτροπής (κοινοτικές εκλογές 11 Δεκεμβρίου)

--Παλαιά θέματα, νέα θέματα, και προσευχή



What saves and makes for good children is the life of the parents in the home. The parents need to devote themselves to the love of God. They need to become saints in their relation to their children through their mildness, patience and love. They need to make a new start every day, with a fresh outlook, renewed enthusiasm and love for their children. And the joy that will come to them, the holiness that will visit them, will shower grace on their children.

- Father Porfirios, On the Upbringing of Children



Services & Sacraments At The Cathedral

BAPTISM

The daughter of **Tom Kontrafouris** and **Joyce Zhu** was baptized at the Cathedral on March 20, and was given the name **Frances Penny (Fotini)** by her Godparents, **Nikolaos** and **Ana Mastrokyriakos**.

Na Mas Zisi! (Long Life!)



FUNERALS

Kay John George, who fell asleep in the Lord on March 11, was buried on March 18. She is survived by her daughters, **Effie Arnolfo**, and **Julie Boettner**, grandchildren **Kathleen Arnolfo**, **Melissa** and **Eric Bottner**, her niece **Joanne Kavalaris**, friend **Gale Raymond** and sister-in-law **Christina Gaioto**.

Evangeline (Lillian) Drake, who fell asleep in the Lord on March 13, was buried on March 28. She is survived by her son, **Basil Drake** and grandsons, **Dan** and **Tom Drake**.

*Aionia I Mnimi!
(Eternal Memory!)*



UNITED GREEK ORTHODOX COMMUNITY OF
SAN FRANCISCO, THE ANNUNCIATION
ANNUNCIATION CATHEDRAL
245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320

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LOOKING AHEAD:	
May 7	Mother's Day Luncheon & Fashion Show
May 16-17	Metropolis Clergy Laity, Saint Nicholas Ranch