BUILDING UPDATE

Construction of our new Cathedral is proceeding well. The shoring columns for the excavation are all installed, and some of the lagging between columns has been installed. The rest of the lagging will be installed as the excavation for the parking garage goes forward.

As was explained at length last month, the soil under the new garage floor needs to be consolidated to provide a good foundation for the new Cathedral due to being near the historic course of a tributary to Mission Creek (a historic creek map can be viewed on the Oakland Museum of California’s website at http://museumca.org/creeks/1640-RescMission.html). Wet sediments can liquify during earthquake, which greatly increases the potential damage to structures built on them. Of the various time-proven methods available to correct this, pressure grouting in place - the most economical is suitable for our construction site. A grid is laid out, small diameter pipes are driven down to specified depths at each grid intersection, and sand/cement grout is injected under pressure in stages as the injection pipe is pulled back up. The grid spacing, depth of injection pipe, amount of grout to be injected, and target injection pressure have all been specified by the Cathedral’s engineers based on soil tests carried out before construction, and the grouted soil is tested to verify that the compaction has reached target compaction. The soil over the injection zone is left in place to make the sand/cement grout push out horizontally around the injection points. This is the reason why there has not yet been much visible progress on the excavation.

Once the pressure grouting was completed the soil above the grout zone will be excavated. Excavation should start in early February. As excavation is carried out, tiebacks will be installed through the shoring and out into the surrounding soil. Tiebacks act as pins to help the shoring hold back the surrounding soil as excavation proceeds, and are an economical way to increase the strength of shoring like ours. The first seven feet of soil (down to the tieback level) will be excavated before the tiebacks are installed, and the rest of the excavation will follow when they are completed. The remnant shoring elements from the construction next door will need to be removed during excavation, and the Cathedral’s construction attorney has sent that building’s contractor a letter requiring them to remove the remnants on Cathedral property at their expense, or to reimburse the Cathedral for the cost of removal.

The next steps after excavation are pouring a thin concrete slab to provide a level working surface for creating the garage floor slab, followed by the waterproofing system under the floor (to keep out the high groundwater near Mission Creek), underfloor pipes and electrical conduits, and rebar for the foundation slab. The foundation slab’s thickness and reinforcing steel have been designed to provide strength and stiffness to adequately support the garage and Cathedral above it during a seismic event. The floor will be followed by waterproofing and rebar for the garage walls. The wall concrete will be shot into place (gunite or “shotcrete”) rather than being poured from above, which will provide significant cost savings over constructing and removing wooden interior forms.

As we described in last month’s update, there is a one- to two-foot thick layer of lead-contaminated debris from the 1906 earthquake and fire that must be disposed of once it’s excavated. Disposal of this type of debris can be very costly, and the Cathedral’s environmental consultant is working closely with the excavation subcontractor to minimize the amounts of soil that need to go to more costly disposal sites. Also, one of the disposal companies for this kind of material has offered the Cathedral a reduced non-profit disposal fee. As previously mentioned, these higher disposal cost were not included in the initial bid price because the quantity of contaminated debris, and the levels of contamination, were not completely known at bid time. The construction team is continuing to identify savings to offset these disposal costs and the Parish Council has authorized the construction team to negotiate a cost sharing arrangement with the contractor for these disposal cost.

The Sunday School children have taken quite an interest in the new Cathedral’s construction. This is very encouraging, since one day it

continued next page
Christians are people who let the reality of Jesus change everything about who they are, how they see, and how they live.”

– Timothy Keller

“I consecrated this house you built to place My name there forever, and My eyes and My heart will be there all days.”  – 3 Kingdoms 9:3

ICON AS COMMUNION

This is the title of a most informative book on iconography written by the Cathedral’s iconographer, George Kordis. In the new Cathedral, Professor Kordis will “write” the icons of the Pantokrator (including the pendentives), the Platytera, the six icons on the Iconostasis, the Prothesis and the Diakonikon (the latter two are niches in the Ieron, or altar, the one where the Proskomidi takes place, the other where sacred vessels and/or relics are kept) and, perhaps, the icons of the Prosphoria (those icons which appear in the Narthex).

In the introduction to his 100-page work, Kordis notes that Icon as Communion “largely consists of notes and observations on the drawing stage in icon painting, that is, on the execution of the lines. The chief objective was to present the thought underlying the Byzantine artistic system, and how this is expressed in the handling of the face, the human figure, and the composition. My main aim was not to write an academic work, but to set down the thoughts that came to me during my research into and study of Byzantine sources, panel icons, and especially frescoes. This is why I prefer to retain the spontaneous and slightly unpolished character of spoken language so that these notes might have something of that quality with its characteristic immediacy.”

The book, published by Holy Cross Orthodox Press (Professor Kordis is a graduate of Holy Cross), is a must-read for everyone who wants to gain an understanding and appreciation for Byzantine iconography, which is the name for our Orthodox Christian liturgical art. The book will also help dispel any misconceptions about Byzantine iconography. Upon encountering it for the first time, a person not familiar with our religious tradition may observe that Byzantine iconography is “more primitive, more symbolic (smaller mouth, elongated nose, larger eyes, neutral background), is two dimensional, or at least doesn’t have the perspective that we see in later, Renaissance art,” etc. As Professor Kordis explains, this is a misreading of Byzantine religious art. Byzantine iconography certainly does have perspective, but it is decidedly different from that which developed in the West. It is different because of its unique use of the line or the use of color, rather than the use of black or shadow, to convey depth. This is apparent, for example, in the way in which the hair and beard are drawn or garments are layered. The whole point is to establish a sense of rhythm, with a view to making the entire figure move toward the viewer/worshiper, engaging the viewer/worshiper. This is what he means by the icon serving as “communion.” After all, Byzantine iconography serves a purpose and that purpose is to draw us into another sphere of being—the sphere of the Eternal. It is not art, the kind that hangs in museums or galleries, to be viewed and admired. It is “religious writing,” intended to lift us up and sanctify us, and our entire worship experience. Hence, we speak of iconography, the “writing” of icons, rather than the “painting” of icons. Notice the icon of Christ above. Notice how it moves towards us, drawing us in towards Himself.

Professor Kordis puts forth five principal characteristics of Byzantine art, namely:

1. The absence of artistic depth (there is no movement behind the artistic surface);
2. The essential role and fundamental importance of color in rendering form: forms are defined through color and not through the use of black or shadow. The centrality of color, or “colorism,” to use this term in a new way;
3. The essential role and fundamental importance of line, which determines how color is applied. The centrality of line, or linearism;
4. The plasticity of artistic form (the juxtaposition of light and dark) in order to give the felling of movement outward from the artistic surface toward the beholder;
5. The pursuit of rhythm (the sense of movement that relates the figure to the viewer, uniting the two). (Icon as Communion, p. 51)
When the Cathedral is finally completed and Professor Kordis comes to San Francisco to “write” the icons, he will offer lectures and workshops in San Francisco and, perhaps, in other parts of the Bay Area, as he has been doing throughout the world, wherever he has done the iconography. This will be a most special time in the history of building this magnificent house of worship. As one sees from the photo below, Kordis “writes” the icons directly onto the prepared surface. The nuances of color, shape and form are influenced by the natural light flowing into the sanctuary, which is why the iconography is not pre-made and adhered onto the surface, but written in situ (on site, directly onto the surface). In this way, every church is unique, while following the 2000-year tradition of Byzantine iconography.

Everyone would like to know when all this will come about. Well, we have about 400 days left before completion of construction of the exterior. Then, we will begin the interior finishes. Assuming all $12 million is in place to complete the entire structure, inside and out, we are looking at an additional 180 days.

For your additional information, George Kordis is Assistant Professor of Iconography (Theory and Practice) at the University of Athens. In addition, he is Visiting Professor at the Yale Institute of Sacred Music’s summer program; at the University of Art and Design in Club Napoca, Romania; at the School of Theology of Bucharest, Romania; and at the Pedagogical University of Odessa, Ukraine. He has written the icons for a number of churches in the US and abroad, including the Cathedral church of St. George in Beirut. Additional information is available by visiting his web site: www.giorgoskordis.com

**MATCHING GIFTS FOR THE BUILDING PROJECT**

A few months ago, one of our dedicated parishioners informed us that the company she works for offered to match any contributions made by any of their employees to non-profit organizations. The individual had already pledged $25,000 over five years to the building project, and had already submitted one payment in the amount of $5,000 this year. Recently, we were notified that the company would be sending a check for the same amount. This means that, potentially, this individual’s pledge will go from $25,000 to $50,000!

If you have already pledged to the Capital Campaign and submitted a payment this year, or are planning to do so in the future, please inquire if your employer has a similar policy of matching gifts to non-profits. Please join us as we embark on this historic time in the history of our community. Every bit helps!

If you have not yet pledged to the building project and have been considering making a pledge or donation, please contact Father Stephen or Father Niko at (415) 864-8000.

**WHAT DOES MY GIFT TO THE BUILDING FUND REALLY AMOUNT TO OVER A FIVE YEAR PERIOD?**

Below are some different ways to look at how you can make a meaningful gift.

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**“Repentance is not a matter for one hour or for one day. Repentance should be our inner occupation to the end of life.” – St. Nicholas the Serb**
Annunciation Sunday School Building Project

If you’ve been attending service over the past couple of months it’s hard to miss the building enthusiasm shared by the youth of our church. This enthusiasm is more formally known as the Annunciation Sunday School Building Project.

During the school year there will be a variety of projects presented in church that allow the youth to interpret what building a new church means to them. Presentations are grouped in several ways including age, activity, or child’s interest.

Since each child learns differently it is important to reach each child with developmentally appropriate projects. All children will be given a chance to participate throughout the year. This may be by speech, art project, essay writing, or other related project.

The aim of the Sunday School project is to allow the youth to take part in the historic building process of the Annunciation Cathedral. Just as many of you hold memories of the devastating 1989 earthquake, we want our youth to hold memories of building the new cathedral.

One of the ways that we will be documenting the youth project is through photography. All pictures will be displayed on our building project shutterfly share site: https://annunciationsf.shutterfly.com/#:emid=site_calendarreminder&scid=SHARE3XXXX. All members of the share site can view, copy, post, and order pictures of the projects. If you wish to be added to the share site, email Anastacia Ambus at: Tashaugr@yahoo.com.

The Apocalypse given by Signs
by Marcelo P. Souza

John starts the Book of Revelation by saying:

“Ἀποκάλυψις Ἰησοῦ Χριστοῦ ἣν ἔδωκεν αὐτῷ ὁ θεὸς δεῖξαι τοῖς δούλοις αὐτοῦ ἃ δεί γενέσθαι εἰς τάχει, καὶ ἔσημανεν ἀποστείλας διὰ τοῦ ἀγγέλου αὐτοῦ τῷ δούλῳ αὐτοῦ Ἰωάννῃ.”

It is the unveiling (apocalypse) of Jesus Christ which God gave him to show to his servants the things which must soon take place, and he SHOWED BY SIGNS, sending his angel to his servant John.

He introduces the whole book using the verb σημαίνω, to signify, to make known by signs, etc. This of course comes from the word σημεῖον, which John is fond of using. In his gospel, there are 7 such “signs” by Jesus.

The book of Revelation then is a collection of signs (not literalistic devices) to present the reality of God’s presence, love, comfort to his people, sovereignty, judgment to come, and deliverance to come – all of which are “revealed” because they stand somewhat hidden by the present reality of persecution and suffering.

Such revelation of the spiritual realities that underlie the temporary conditions of this present age is laced with and entirely derived from the Old Testament apocalyptic parables and signs. They all come together in a crescendo, in a much greater scale, as God now not only brings judgment and restoration to his people in the Ancient Near East, but also upon (eventually) the whole cosmos.

But this is all given through means of “signs” as he “signified” (ἐσήμανεν) what is to take place.

That verb is used in the New Testament only in 5 other places, 3 of which by John:

In John 12:33 Jesus indicates, signifies what kind of death he was to die, by a sort of a parable: “And I, when I am lifted up from the earth, will draw all people to myself.” The same happens in 18:32. Yet again in John 21:18 Jesus indicates by a parable or sign the kind of death Peter was to die: “when you are old, you will stretch out your hands, and another will dress you and carry you where you do not want to go.”

Therefore, one needs to be careful as one seeks to understand the Book of Revelation. First, it is not a linear narrative (rather, it repeats several events from different points of view), and second, it is given by signification, not wooden literal devices.

“As she was compassionate toward her crucified Son, so the Holy Most-Pure One is also compassionate to all those in need, and who turn to her for help. It could be said that the entire earth is covered by the miracles of her mercy.”

– St. Nicholas the Serb

“A miracle does not happen contrary to nature, but contrary to what we know about nature.” – St. Augustine

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PHILOPTOCHOS NEWS

Go Red Sunday – February 9, 2014

Greetings from Philoptochos as we enter that wonderful month of hearts and love! It is also the month that is labeled Go Red for Women by the American Heart Association to increase awareness and help to prevent heart disease, the number one killer of American women. The Heart Association has designated February 7, 2014 as National Wear Red day. In support of this the National Philoptochos has designated Sunday, February 9 as Go Red Sunday asking all Philoptochos sisters and chapters across the country to join the movement and wear red, the color of our hearts, when attending Church services. Our Philoptochos chapter will sponsor the coffee hour for the day and we ask all of our Annunciation women to join in the mission to increase heart awareness. Come to our table and find out more. Everyone should know why Women Go Red!

Philoptochos Membership

Why should I join Philoptochos? The answer is we join to become part of a dynamic and creative group of members dedicated to helping those in need and to perpetuate the Orthodox Faith and traditions. As members of this national organization, we lead the mission to meet critical needs in our Church, our community and in the world to ensure a legacy of healing, peace and hope. We work under God’s grace to bear fruit in the lives of others. We need all our women and men too to ensure our legacy and vision of hope started some eighty years ago. Our world continues to change and as it does the needs of those we serve change too. We need you to help meet the needs of those in our communities with new projects that are more relevant in our time. Come to our table at coffee hour with your ideas of moving our Philoptochos into the future. Remember the faces of Philoptochos are many and we need all. Become a part of Philoptochos, which embraces and gives to others. Join today!

“Chosen and Appointed by God to Go and Bear Fruit”

Offering Healing, Peace and Hope

Our Vasilopita Sunday held on January 12, 2014 was very successful. Our members thank all who joined our Champagne breakfast to help make it successful. I thank all the Philoptochos women who made the breads with loving hands and care. Also, I can’t thank those members who prepared the delicious breakfast to help Antonio Perez enough. It was wonderful and I hope those who won the coins at each table have a wonderful and prosperous year. A good portion of the profits will go directly to St. Basil Academy.

May all our hearts be filled with good health and good will!

Patricia Aleck
Philoptochos President

“Glory be to God for all things.”
– Saint John Chrysostom

continued next page
The Annunciation Oratorical Festival will be held on March 16, 2014 immediately following the Divine Liturgy in the Chapel. Please encourage your children grades 4 – 12 to participate. The subjects for the 7th grade through 12 grade are on the Archdiocese website, www.goarch.org. The website is a fantastic resource. Please give our youth encouragement to participate. It’s a valuable and fun experience.

Volunteers are needed to help judge our Oratorical Festival in March. Can you help motivate or teach our children how to write a speech? Attorneys, teachers, public speakers, or anyone with a background or experience in public speaking are encouraged to help. Please be a guest in the classroom, judge or be a timekeeper to motivate our young speech writers about the benefits of public speaking. Volunteers, please contact Denise Yeilding at dyeilding@yahoo.com or Father Niko at fatherniko@annunciation.org.

January was a very productive month for our Sunday School Teachers. A lot of planning is taking place this Spring for NEW and improved programs for the Fall (Holiday Food Drive and Food Sort, Christmas Program in our Chapel, Youth Choir, to name a few). Now is a great time to get involved in one of the many Sunday School projects.

Denise Yeilding

“On the eighth day, he sent the people away and blessed them. Each one went to his tent, joyful and with a good heart for all the good the Lord did...”

- 3 Kingdoms 8:65

Important Dates for 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>February 2</td>
<td>Presentation of the Lord</td>
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<tr>
<td>February 9</td>
<td>Lessons of Love</td>
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<tr>
<td>February 16</td>
<td>No classes held/ President’s Holiday FDF Weekend for Greek Dancers</td>
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<tr>
<td>February 23</td>
<td>Oratorical writing and guest speaker (grades 3- HS)</td>
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<td>Meat Fare Sunday</td>
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<tr>
<td>March 2</td>
<td>Oratorical Festival practice &amp; writing (grades 3 –HS)</td>
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<td>Cheese Fare Sunday</td>
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<tr>
<td>March 3</td>
<td>Lent Begins</td>
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<td>March 9</td>
<td>Annunciation Oratorical Festival Preparation</td>
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<td></td>
<td>Sunday of Orthodoxy (Bring your icon for Church Procession)</td>
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<tr>
<td>March 16</td>
<td>Annunciation Oratorical Festival Competition</td>
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<tr>
<td>March 23</td>
<td>Veneration of the Cross (Church Procession with Crosses)</td>
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<td>March 25</td>
<td>Annunciation Day</td>
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<td>March 30</td>
<td>Regular Lenten classes</td>
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<td>April 6</td>
<td>Godparent’s Sunday (Godparent’s attend classes/projects)</td>
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<td>April 13</td>
<td>Palm Sunday (class photos taken)</td>
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<td>April 18</td>
<td>TGI Pascha – Good Friday</td>
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<td>April 20</td>
<td>Easter/ no classes held</td>
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<td>May 4</td>
<td>Mother’s Day projects</td>
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<tr>
<td>May 11</td>
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<tr>
<td>May 18</td>
<td>Regular classes</td>
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<td>May 25</td>
<td>No classes/Memorial Day Holiday</td>
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<td>May 29</td>
<td>Ascension</td>
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<td>June 1</td>
<td>Last day of classes</td>
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<td></td>
<td>Graduation/Luncheon</td>
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</table>

**Our Sunday School program is currently looking for a volunteer to coordinate the angels program during Holy Week, as well as a teacher for grades 3-4 and Pre-K/K. It is a rewarding and fulfilling experience to share religious education with our children. Please feel free to contact us if you are interested**
1•5•10k Races

TIME & LOCATION
Saturday, March 22, 2014
Lake Merced in San Francisco
*Award ceremony to follow

PREREgISTRATION
Kids (14 and under) $15
Adults $25
*Prices increase $5 after January 1

Register at: http://www.focusnorthamerica.org/runforfocus

All support raised will benefit FOCUS North America’s Operation Lace Up program, which provides shoes to thousands of children in poverty stricken communities across the United States, including the Bay Area.

FOCUS is a charity that aims to provide action-oriented sustainable solutions to poverty in communities across America. To learn more about FOCUS visit www.focusna.org
Greek School Going Strong
Many thanks to the talented staff and parents that have made this year’s Greek School program a success already! Classes will resume after the Christmas break on January 4. If you have any questions about the program or would like to sign your child up for the 2014-2015 year, please contact Anthi Janssens (anthij@comcast.net) or Philip Athanasiades (philippos1cy@yahoo.com).

Some noteworthy dates are as follow:
• February 15: President’s Day, no class
• April 19: Greek Easter, no class
• May 24: Memorial Day, no class
• June 7: Last day of Greek school!

Dance Groups Gearing Up for FDF!!
Our dance groups are hard at work getting ready for the annual Folk Dance Festival (FDF) to be held in Anaheim, CA this month! The dance groups are as follow:
To Mellon (4-5 year olds)
Thisavri (6-8 year olds) – directed by Shareen Fousekis, Irene Kyriacou, Lea Lyberopoulos and Lea Papavasiliou
Spithes (9-13 year olds) – directed by Irene Kyriacou, Lea Lyberopoulos & Lea Papavasiliou
Ekrixi (14 & up) – directed by Michael & Nicole Garibaldi
If you have any questions about the program or are interested in signing your child up for next year, please contact Irene Kyriacou at sassygrk@aol.com.
Wish us luck!

JOY Celebrates New Year at the Manetas Home!
Our Cathedral JOY met at the Manetas home on January 14, and had a wonderful time! In addition to playing icebreaker games, the kids had a faith discussion with Father Niko using clips from the movie “Despicable Me 2.” Many thanks to Petro and Maria for opening their home to us.

JOY will not meet in February and will resume in March. Hope to see you then!

**JOY (Junior Orthodox Youth) is open to all youth between grades 3-6**

Young Adults Enjoy an Evening of Wine in the Mission
On January 30 our young adults spent a beautiful evening at Etcetera Wine Bar on Valencia Street, and had a great time. On February 27 of this month, we’ll be holding a dinner/discussion at the church. Should be fun!

* *The Cathedral Young Adult group is open to all young adults 22-35(ish)* *

For more information on any of our youth groups, feel free to contact Father Niko at fatherniko@annunciation.org, or visit the “Youth of Annunciation Cathedral San Francisco” Facebook group page.

“Any heart that has come to its senses wants to surrender to Someone who not only is all-powerful but has proved that he will sacrifice anything for our good.”
– Timothy Keller
Xronia Polla for Namedays in February!
Best wishes to the following individuals who celebrate their namedays in February:

- Bobby Kontonis
- Harriet Boone
- Harry Misthos
- Hariklia Razis
- Hari Manetas
- Lea Lyberopoulos
- Harry Paul Efstratis
- Bobby Fragakis

Altar Group Schedule for February

The schedule for the month will be as follows:

- February 2: Group 1
- February 9: Group 2
- February 16: Group 3
- February 23: Group 4

The 2014 altar group rosters are as follows:

**Group 1:** Niko Manetas, Stelio Kyriacou, Kosta Lyberopoulos, George Tsokas

**Group 2:** Anthony Obester, Demetri Kontonis, Andrew Vellis, Panagiotis Sogotis, Yianni Sogotis

**Group 3:** Niko Pezo, Demetri Rally, Steven Chiappari, Steven Monolakis

**Group 4:** Jonas Tesfai, Nathan Tesfai, Bobby Kontonis, Hari Manetas, Matthew Nuris

If any families are interested in their boys joining an altar group, who are above the age of 10, feel free to contact Father Niko Bekris at fatherniko@annunciation.org. Thank you also to Nektarios McKnight for guiding and instructing our altar servers each Sunday. As always, if anyone has any questions or suggestions, feel free to let us know. Thanks!

Saint Haralambos the Hieromartyr, February 10

You may wish to consider sponsoring a coffee hour on the Sunday closest to your nameday, as a way of celebrating with our parish family. For more information, please contact Mike Canellos at (415) 864-8814.

** The information above was taken from the data submitted on our 2014 stewardship pledge cards. If your name does not appear on this list, please feel free to give your information to our stewardship data table in the gallery, or by filling out a 2014 stewardship pledge card. **

Community Link Continues
Ministering to Those in Need

Community Link, now in its ninth year of existence, is a group of Annunciation parishioners who meet once a month on a drop-in basis to visit members of our community who may be confined due to illness or age. We travel to hospitals, nursing homes and private residences. Many of those we visit no longer have family or friends to support them and just need to know there is someone who cares. A short visit or phone call can lift one’s spirits a great deal. If anyone in the community knows of any other home bound parishioners to add to our list or would like to join us for a visit, please contact, please contact Pauline Oetzal at poetzel@hotmail.com. Upcoming Community Link dates are: January 18, February 15, and March 15.

SACRAMENTS AND SERVICES
At the The Cathedral

FUNERALS

Mary Hontalas, who fell sleep in the Lord on December 16, 2013, was buried at the Cathedral on December 27, 2013. She is survived by her three sons, Charles, John, and Philip Hontalas.

Aonia I mnimi (Eternal memory)!
**FEBRUARY CALENDAR**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>Greek School, 10 am</td>
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<td>Greek School, 10 am</td>
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<td>Orthros, 9 am, Divine Liturgy, 10:30 am, The Eve of Theophany; Blessing of the Waters Parish Council Oath of Office Sunday School 10:30 am Dance Practice</td>
<td>Construction Meeting, 10 am</td>
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<td>Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School 10:30 am Dance Practice Parish Vasilopita</td>
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<td>Folk Dance Festival</td>
<td>Community Link, 9 am Folk Dance Festival</td>
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<td>Orthros, 9 am, Divine Liturgy, 10:30 am, Dance Practice Folk Dance Festival</td>
<td>Folk Dance Festival</td>
<td>Folk Dance Festival</td>
<td>Construction Meeting, 10 am</td>
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<td>Saturday of Souls, Orthros 9 am, Divine Liturgy 10 am (at Cathedral) Greek School, 10 am</td>
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<tr>
<td>Orthros, 9 am, Divine Liturgy, 10:30 am, Sunday School 10:30 am Dance Practice Parish Council, 12:30 pm</td>
<td>Metropolis Clergy/Laity Congress</td>
<td>Metropolis Clergy/Laity Congress</td>
<td>Metropolis Clergy Retreat Construction Meeting, 10 am</td>
<td>Young Adult Discussion, 6:30 pm</td>
<td>Humanities West Byzantine Music Presentation</td>
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“When an earthly king visits a place in his country, the benefit of his visit is felt long after. The Lord, the King, visited mankind on earth and the benefit of that visit will be felt to the end of time.”

– St. Nicholas the Serb
Direct your mind toward the Lord, guard yourself with the sign of the Cross, call upon the Holy and All-pure One and the holy God-pleasers, and especially upon your guardian angel for aid, and do not be afraid.

- St. Nicholas the Serb